

# Traumatic Brain Injury Services

# Directory and Resource Information Guide 2020-2021







### **FOWARD**

A traumatic brain injury can happen to anyone at any time regardless of age, race, gender, or socioeconomic status. The cause, severity and resulting symptoms and impairments can be as different as each person that is injured. If you are reading these words, chances are your life has been touched by traumatic brain injury, whether you are a person with brain injury, a family member, caregiver, friend, or professional serving the TBI community.

The Tennessee Department of Health *Traumatic Brain Injury Service Directory and Resource Information Guide* was designed to assist in locating programs, organizations, agencies, and services available across the state of Tennessee and the nation.

**Notice:** Inclusion of a program or service in this directory is not intended as promotion or endorsement. The Tennessee Department of Health's Traumatic Brain Injury (TBI) Program is not responsible for the nature, scope, or quality of the programs listed in the directory, nor can the TBI Program verify any of the information contained herein. Thus, the state TBI Program disclaims any liability arising from the use or reliance upon the information included in this directory. This information is being provided solely as a reference resource for the public.

If a facility, agency or organization is interested in being added to the directory and resource information guide please see the Appendix (pgs. 93-100) and submit all applicable forms.

For questions or further information, please contact:

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### TENNESSEE TRAUMATIC BRAIN INJURY PROGRAM

In 1992, families of traumatic brain injury survivors from across the state petitioned the Tennessee General Assembly to create a brain injury program within state government. As a result, the Traumatic Brain Injury (TBI) Program was legislatively established in 1993 to address the special needs of brain injury survivors and their families.

Each year in Tennessee, approximately 6,000 people are injured and admitted to the hospital with a traumatic brain injury. People with a TBI can experience impairments that affect their physical, cognitive, and behavioral functions which in turn can impact their ability to return home, to school and/or work. Regardless of the cause, people with a brain injury and their families may experience emotional and economic stress. The enabling legislation allows the TBI Program to aid in improving services for people with brain injury and their families.

### **Program Components**

In accordance with state legislation, the TBI Program Director works with a nine-member Governor appointed Advisory Council and has established a clearinghouse with a toll-free information line. The program is funded through increased fines on six specific traffic violations, with the revenues deposited into a trust fund.

### **Service Coordination**

Eight service coordinators provide case management services to people with brain injury and their families in all 95 counties. The role of the service coordinator is to provide information; make referrals to services and agencies; assist consumers in applying for and accessing services; serve as an advocate; and manage support groups. The service coordinator assesses people with brain injury and coordinates available resources within the community.

### **Federal Grant for Brain Links**

In 2018, the Tennessee TBI Program was awarded a State TBI Partnership Grant by the Administration on Community Living (ACL) to create and strengthen a system of services and supports that maximizes the independence, well-being, and health of people with TBI across the lifespan.

### **Traumatic Brain Injury Registry**

Hospitals are mandated to provide information to the Department of Health on people admitted to the hospital with codes for brain injury. Data analysis allows staff to pinpoint where and how injuries are occurring and what ages are affected. Tennessee residents listed on the registry receive a letter and program brochure to be informed of services available through the TBI Program.

### **Grants**

The TBI Program is authorized to provide grants to county and municipal governments and/or non-profit organizations for home and community-based programs to serve the needs of people with TBI and their families.

**For more information visit**, <a href="https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi.html">https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi.html</a> or call the TBI Program Hotline at (800) 882-0611.

### **BRAIN INJURY 101: BASIC OUESTIONS ANSWERED**

(Based off Arkansas Trauma Rehabilitation Program Family Resource Guide – used with permission)

### 1. What is a Traumatic Brain Injury (TBI)?

A traumatic brain injury is referred to as closed head injury, head trauma, concussion, TBI, mild TBI, disorder of consciousness and shaken baby syndrome. These terms are used interchangeably. TBI is an injury to the brain caused by an external physical force. It may produce a diminished or altered state of consciousness, which results in impairment of cognitive abilities and physical functioning. These impairments may be either temporary or permanent and cause partial or total functional disability or psychological maladjustment.

### 2. Who is at risk?

Those at highest risk for traumatic brain injuries include children, young adults between the ages of 15-24 and adults 75 and older.

### 3. What are the types of brain injuries?

There are two types of traumatic brain injuries: penetrating brain injuries and closed head injuries. Penetrating head injuries occur when a foreign object enters the brain and causes damage to specific areas of the brain. Closed head injuries result from a blow to the head. Most people with traumatic brain injury experience brain swelling also called edema. Edema is a result of damage to blood vessels in the brain and is the body's response to a brain injury.

#### 4. What is a concussion?

Concussion results from a blow to the head which causes the brain to strike the skull. A concussion does not cause structural damage to the brain but can cause temporary loss of functioning. Headaches, memory loss and sleep disturbance are common symptoms a person may experience after such an injury.

### 5. What is a contusion?

Contusion is a serious blow to the brain. Contusions result in bruising of the brain and more noticeable loss of functions. More comprehensive care is required for a contusion. Follow-up treatment and evaluation are required on a regular basis.

### 6. What is a skull fracture?

Skull fracture results in damage to the skin, skull and brain. The form of medical treatment varies with the location and severity of the fracture. Close observation and follow-up treatment are always required. Many skull fractures result in mild to severe problems associated with daily functioning such as walking, memory, vision, and behavior.

#### 7. What is a hematoma?

The collection of blood in one or several locations of the brain creates a hematoma. A hematoma may occur between the skull and the covering of the brain (epidural) or may occur between the membrane covering the brain and the brain itself (subdural). Hematomas may require surgery (a craniotomy) to be performed.

### **BRAIN INJURY 101: BASIC QUESTIONS ANSWERED (continued)**

### 8. What is a coma?

Coma is defined as a prolonged state of unconsciousness. A person in a coma does not respond to external stimuli. There is no speech, the eyes are closed, and the person cannot obey commands. A coma can last from hours to days, depending on the severity of the brain damage. It is possible for a person to remain in a comatose state of months or even years. A person may eventually open their eyes but remain unresponsive.

### 9. What happens in the emergency room and intensive care unit?

Most accident victims enter the hospital through the emergency room. The injury is diagnosed, and appropriate action is taken. Some patients must go to the hospital's intensive care unit (ICU) for close, 24-hour monitoring. Other injuries sustained at the time of the brain injury may require ICU services, not necessarily related to the head trauma.

### 10. What is medical stabilization?

Many patients with a brain injury require time in the hospital for other medical treatment such as recovery from surgery, healing of wounds and setting of fractures. This is known as medical stabilization. This process can take from several days to several months. Patients may be transferred from the ER or ICU to a medical floor for observation, medical treatment, and the beginning of rehabilitation services such as physical therapy.

### 11. What happens after medical stabilization?

After the patient has gone through medical stabilization, there are a variety of directions that treatment can take.

The patient may be transferred to a physical rehabilitation unit within a general hospital, a specialized rehabilitation treatment center or a skilled nursing unit. Physical, occupational, speech, cognitive and neuropsychological services may be provided on an intensive basis in any area of these settings.

Some patients will not require skilled nursing care and may be transferred to a unit for brain injury patients. Some patients will go home with their families and return to the hospital or a specialized outpatient program for therapy and treatment. Patients who require extended skilled nursing care may be transferred to a long-term care facility, while some patients will return home to receive therapy and around-the-clock nursing care.

### 12. What is rehabilitation?

Rehabilitation is the process that helps and individual reach optimum function by providing a variety of services. Rehabilitation hospitals should use a team concept that includes services of physicians, as well as physical, occupational and speech therapist, neurophysiologist, social workers, therapeutic recreation specialists and nurses. However, the most important members of the treatment team are the patient and the patient's family.

### **BRAIN INJURY 101: BASIC QUESTIONS ANSWERED (continued)**

### 13. What is the best choice?

The appropriate choice for continued treatment is a major decision to be made by the patient, family and physician. It is important to talk to the treatment team and fully understand the patient's needs. You must seek out as much information as possible to educate yourself about available resources.

### 14. What do families go through?

Shock, anger, hurt, denial and depression are common reactions families experience. A loved one's brain injury can change the family's life as well. Your adult child may require more attention from you. An injured parent my need the assistance of adult children. As the patient goes through the stages of recovery, so does the family. The key is to take it one day at a time.

### 15. What are the signs of stress?

The stress places on the family is tremendous. Each individual and family will cope with stress differently. The signs of stress may include the following: inability to sleep, poor appetite, lack of interest in personal care of appearance, a strong sense of guilt, reduced self-worth, loneliness, excessive use of drugs or alcohol, forgetfulness or an inability to understand things that are said. When stress builds, seek support from friends, family, clergy and the medical staff caring for your loved one.

### 16. What can the family expect?

Every brain injury is different. You cannot compare brain injuries to a broken arm or leg. The effects of each brain injury vary. No one person has all the answers. Begin to read and gather information about brain injury, its effects and possible treatments. Educating yourself is important in setting realistic expectations.

### 17. Helpful suggestions for families:

- Establish a balance between pushing the person with the brain injury beyond their ability to function and not giving enough encouragement.
- Establish and maintain a daily routine.
- Approach the individual on their good side.
- Use familiar photographs of family members, friends, pets, or possessions.
- Speak of familiar names, places, interests or activities.
- Be yourself with your family member.
- Do not overwhelm or overload the person with information.
- Provide the individual with ample time to respond.
- Do not present the person with a task that is too complex.
- Try to reduce confusion in their surroundings.
- Talk openly about their gains and abilities.
- Communicate with doctors, nurses, therapist and your loved one.

### SIGNS AND SYMPTOMS OF A BRAIN INJURY

(Based off Arkansas Trauma Rehabilitation Program Family Resource Guide – used with permission)

If you have had a brain injury, or know someone who has, below are some of the natural reactions the body exhibits behaviorally, emotionally, cognitively and physically.

### **Behavioral Issues**

- Wanders Off / Runs Away
- Impulsive (acts without thinking)
- Reduced Self-Esteem
- Repeated Invasion of Personal Space
- Short Fuse (unable to control outbursts)
- Difficulty Maintaining Relationships

### **Cognitive Issues**

- Easily Distracted
- Seems to "Space Out"
- Difficulty Understanding
- Difficulty with Reality
- Seems Confused
- Poor Memory
- Decreased Safety Awareness
- Slow to Answer Questions
- Difficulty Organizing (time, etc.)

### **Personality Issues**

- Denies Deficits
- Irritable
- Egotistical
- Doesn't Listen
- Asks a lot of Questions
- Argumentative
- Manipulative
- Appears Unmotivated
- Moody
- Depressed
- Face Shows Little or No Emotion

### **Physical Issues**

- Fatigue and/or Weakness
- Spasticity and Tremors
- Motor Coordination
- Speech Difficulties
- Seizures
- Balance
- Mobility
- Changes in Taste or Smell

### **Social Issues**

- Inappropriate Social Interaction (overly formal or overly friendly)
- Interrupts Conversations
- Fabricates Stories/Lies
- Inappropriate Conversation (sex, drugs, alcohol, etc.)
- Poor Eye Contact
- Goes off on Tangents

### Verbal Issues

- Poor Speech
- Speaks in a Monotone
- Vulgarity/Swearing
- Talks too Loud or too Soft
- Has Difficulty "finding" Words
- Broken Speech

### SCALES AND MEASUREMENTS OF FUNCTIONING

(Based off Arkansas Trauma Rehabilitation Program Family Resource Guide – used with permission)

Several scales and measures are used to rate and record the progress a person makes in rehabilitation following a brain injury. Some of the most common are described below:

### **Glasgow Coma Scale (GCS)**

The Glasgow Coma Scale is a neurological assessment tool that helps medical professional to determine the severity of a brain injury. GCS measures motor response, eye opening and verbal response to appropriate stimuli. To learn more visit, <a href="https://www.cdc.gov/masstrauma/resources/gcs.pdf">https://www.cdc.gov/masstrauma/resources/gcs.pdf</a>.

### **Disability Rating Scale (DRS)**

The Disability Rating Scale measures an individual's general functional change over the course of recovery for individuals with moderate to severe TBI. This scale considers cognitive and physical function, impairment, disability and handicap to present a global depiction of individuals disability. To learn more visit, <a href="https://www.tbims.org/combi/drs/">https://www.tbims.org/combi/drs/</a>.

### **Functional Independent Measure (FIM)**

The Functional Independent Measure is a scale that rates an individual's independence level with activities of daily living. Areas of activities of daily living include self-care, bowel and bladder management, locomotion, transfers, communication and social cognition. To learn more visit, <a href="http://tbims.org/combi/FIM/index.html">http://tbims.org/combi/FIM/index.html</a>.

### **Functional Assessment Measure (FAM)**

The Functional Assessment Measure is used in conjunction with the Functional Independent Measure. The FAM was developed specifically for people with brain injury and provides a measure of disability to reflect communication, psychosocial adjustment and cognitive functions. To learn more visit, <a href="http://www.tbims.org/combi/FAM/index.html">http://www.tbims.org/combi/FAM/index.html</a>.

### Rancho Los Amigos Scale (RLAS)

The Rancho Los Amigos Scale is a widely accepted medical scale used to describe the cognitive and behavioral patterns found in persons with brain injury as they recover from injury. To learn more visit, <a href="https://www.ncbi.nlm.nih.gov/books/NBK448151/">https://www.ncbi.nlm.nih.gov/books/NBK448151/</a>.



# **RESOURCES AND SERVICES**

### ADVOCACY / LEGAL SERVICES

### **Brain Injury Association of Tennessee**

https://braininjurytenn.org/

The Brain Injury Association of Tennessee (BIAT) is a non-profit organization composed of survivors, family members and friends, along with professionals from various related disciplines, dedicated to improving the quality of life for survivors of traumatic brain injury and their families and to the prevention of brain injuries.

P.O Box 280365 | Nashville, TN 37228 | (615) 955-0673 | Family Help Line: (800) 444-6443

### **Tennessee Council on Developmental Disabilities**

http://www.tn.gov/cdd/

The DD Council sponsors the Partners in Policymaking Leadership Institute, a leadership, advocacy and self-advocacy training program for adults with disabilities and family members of people with disabilities from across the state.

1<sup>st</sup> Floor, Davy Crockett Tower | 500 James Robertson Pkwy | Nashville, TN 37243 (615) 532-6615 | Fax: (615) 532-6964 | Email: tnddc@tn.gov

### **Disability Right Tennessee**

www.disabilityrightstn.org

Disability Rights Tennessee is a legally based private, non-profit volunteer organization funded by federal grants. Disability Rights Tennessee advocates for the rights of Tennesseans with disabilities to ensure they have equal opportunity to be productive and respected members of our society.

(800) 342-1660 | Email: GetHelp@disabilityrightstn.org

Traumatic Brain Injury Service Coordinators (see also Service Coordination) https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi/support-groups.html

TBI Service Coordinators are available to advocate for people with brain injury and their families for needed programs and services. For more information please call (800) 882-0611 or your local area service coordinator.

 Memphis Area:
 (901) 545-8487
 Upper Cumberland:
 (931) 372-8900

 Jackson Area:
 (731) 541-4941
 Chattanooga Area:
 (423) 634-1572

 Nashville Area:
 (615) 955-0673
 Knoxville Area:
 (865) 331-1499

 Murfreesboro Area:
 (616) 440-9908
 Johnson City Area:
 (423) 257-3644 x6

### ADVOCACY / LEGAL SERVICES

### **Tennessee Disability Coalition**

### www.tndisability.org

The Coalition is an alliance of organizations and individuals who have joined to promote the full and equal participation of men, women and children with disabilities in all aspects of life. Members work together to advocate for public policy that ensures self-determination, independence, empowerment and inclusion for people with disabilities in areas such as accessibility, education, healthcare, housing and voting rights.

955 Woodland Street | Nashville, TN 37206 | (615) 383-9442

### **Tennessee Client Assistance Program (CAP)**

www.disabilityrightstn.org

Tennessee's Client Assistance Program (CAP) helps individuals with disabilities receive the services for which they are eligible under the Rehabilitation Act. CAP provides information on available services and benefits, especially to pursue appropriate remedies to ensure the protection of the rights of these individuals. The Client Assistance Program is administered by Disability Rights Tennessee and is independent of Rehabilitation Services.

(800) 342-1660 | Email: GetHelp@disabilityrightstn.org

**Tennessee Human Rights Commission** 

https://www.tn.gov/humanrights.html

The Commission is an independent state agency responsible for enforcing the state's anti-discrimination laws which prohibit discrimination in housing, employment and public accommodation on the basis of race, color, creed, national origin, religion, sex, disability (not in public accommodations), familial status (housing only) and age (40+, not in housing). The Commission also ensures that the State of Tennessee's compliance with Title VI of the Civil Rights Act of 1964.

William R. Snodgrass Tennessee Tower | 312 Rosa L. Parks Avenue, 23<sup>rd</sup> Floor Nashville, TN 3724 | Nashville, TN 37243 | (615) 741-5825 | (800) 251-3589



### ASSISTIVE TECHNOLOGY

### **Tennessee Technology Access Program**

www.tn.gov/humanservices/ds/ttap.html

The Tennessee Technology Access Program (TTAP) is a statewide program designed to increase access to, and acquisition of, assistive technology devices and services.

15<sup>th</sup> Floor, James K. Polk State Office Building | 405 Deaderick St. | Nashville, TN 37243 (615) 313-5183 | Toll-Free: (800) 732-5059 | Email: TN.TTAP@tn.gov

### **Technology Access Centers**

### **Mid-South Access Center for Technology**

University of Memphis College of Education 530 Patterson Street

Main Office: Room 119, Patterson Hall

Memphis, Tennessee 38152 (901) 678-1489 (Phone) (901) 678-1318 (TTY) (901) 678-3215 (Fax) Email: act@memphis.edu

Email: <a href="mailto:act@memphis.edu">act@memphis.edu</a>
Website: <a href="http://act.memphis.edu">http://act.memphis.edu</a>

**Counties Served**: Shelby

#### The STAR Center

1119 Old Humboldt Road Jackson, TN 38305 (731) 668-3888 (Phone) (800) 464-5619 (Toll-Free) (731) 668-1666 (Fax)

Email: <u>infostar@star-center.org</u>
Website: <u>www.star-center.org</u>

Counties Served: Bedford, Benton, Canon, Carrol, Cheatham, Chester, Clay, Coffee, Crockett, Cumberland, Davidson, Decatur, Dekalb, Dickson, Dyer, Fayette, Fentress, Franklin, Gibson, Giles, Hardeman, Hardin, Haywood, Henderson, Henry, Hickman, Houston, Humphreys, Jackson, Lake, Lauderdale, Lawrence, Lewis, Lincoln, Macon, Madison, Marshall, Maury, McNairy, Montgomery, Moore, Obion, Overton, Perry, Pickett, Putman, Robertson, Rutherford, Smith, Stewart, Sumner, Tipton, Trousdale, Van Buren, Warren, Wayne, Weakley, White, Williamson, Wilson

### Signal Centers Assistive Technology Services

2300 Bailey Ave Chattanooga, TN 37404 (423) 629-4174 (Phone) (423) 498-2217 (Fax)

Email: Lana.Little@signalcenters.org

Website:

https://signalcenters.org/index.php/assistive-

tech-service/

**Counties Served**: Bledsoe, Bradley, Grundy, Hamilton, Marion, McMinn, Meigs, Polk, Rhea,

Sequatchie

### SPARK (Formerly East Tennessee Technology Access Center)

116 Childress Street Knoxville, Tennessee 37920

(865) 219-0130 (Phone)

(865) 219-0137 (Fax) Email: visitor@sparktn.org

Website: https://www.sparktn.org/

Counties Served: Anderson, Blount, Campbell, Carter, Claiborne, Cocke, Grainger, Greene, Hamblen, Hancock, Hawkins, Jefferson, Johnson, Knox, Loudon, Monroe, Morgan, Roane, Scott, Sevier, Sullivan, Unicoi, Union, Washington

### **CAMP / RECREATION**

### **Easter Seals Tennessee Camp**

www.easterseals.com/tennessee/

Easter Seals Tennessee is committed to providing the highest quality recreation campaign programs for youth and adults with special needs. At Easter Seals Camp, campers are encouraged to live and explore nature, learn to be independent, work to overcome fears and play to create memories in an include environment.

All camp programs take place at beautiful YMCA Camp Widjiwagan, located at 3088 Smith Springs Road in Nashville. The property is fully accessible for youth and adults of all abilities and is accredited by the American Camp Association. The TBI Program covers the cost of camp for eligible adults and youth.

500 Wilson Pike Circle, Suite 228 | Brentwood, TN 37027 | (615) 292-6640

### Sports 4 All

www.s4af.org

Sports 4 All promotes full access to sports and recreation for people with intellectual and developmental disabilities through their programs Equipment Endowment and Project HEALTH. Equipment Endowment redistributes equipment and apparel across the nation to enable full participation in sports and recreation for individuals with disabilities. Project HEALTH offers free, adaptive fitness and nutrition education classes to people of all ability levels throughout the state of Tennessee. For a full list of community classes and times, visit the calendar on the website.

5827 Charlotte Pike | Nashville, TN 37209 | (615) 354-6454 | Email: <u>info@s4af.org</u>

### **United Cerebral Palsy of Middle Tennessee**

ucpmidtn.org/

United Cerebral Palsy's Sports and Recreation Program offers year-around activities for people with disabilities and their families. Activities take place every Thursday evening and during specially designated weekends. Among regular activities offered are bowling, wheelchair basketball, board games and movie nights.

1200 9th Avenue North, Suite 110 | Nashville, TN 37208 | (615) 242-4091



### **CONCUSSION / TBI**

### **Tennessee Sport Concussion Law**

https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi/tn-sports-concussion.html

In April 2013, Tennessee became the 44<sup>th</sup> state to pass a sports concussion law designed to reduce youth sports concussions and increase awareness of traumatic brain injury.

Legislation, Public Chapter 148, has three key components:

- 1) To inform and educate coaches, youth athletes and their parents and requires them to sign a concussion information form before competing;
- 2) To require removal of a youth athlete who appears to have suffered a concussion from play or practice at the time of the suspected concussion; and
- 3) To require a youth athlete to be cleared by a licensed health care professional before returning to play or practice.

Both public and private school sports programs and recreational leagues for children under age 18 that require a fee are affected by the law which covers all sports. The Department of Health website contains all resources that coaches, youth athletes and parents need to fulfill the intent of the law. The concussion law provides an opportunity for Tennessee's youth athletes to engage in safer sports.

Visit the Tennessee Department of Health Traumatic Brain Injury Program webpage to find links for required forms, trainings and guidelines that will equip coaches, parents and athletes to recognize and respond to sports-related concussions.

### **Concussion Resources**

CDC Concussion Information and Training

http://www.cdc.gov/Headsup/index.html

CDC Concussion Checklist

https://www.cdc.gov/headsup/pdfs/schools/tbi schools checklist 508-a.pdf

CDC HEADS UP to Youth Sports

www.cdc.gov/headsup/youthsports/index.html

**Brain Links** 

www.tndisability.org/brain

Return to Learn / Return to Play: Concussion Management Guidelines www.tn.gov/content/dam/tn/health/documents/Return to Learn Guidelines - final.pdf

Brain 101: The Concussion Playbook

https://orcasinc.com/products/brain-101/index.html

### **DISABILITY ORGANIZATIONS**

### **Brain Injury Association of Tennessee** (see also **Advocacy**)

www.braininjurytenn.org

P.O. Box 280364 | Nashville, TN 37228 | (615) 955-0673 | Family Help Line: (877) 757-2428

### **Council on Developmental Disabilities**

http://www.tn.gov/cdd/

Tennessee Council on Developmental Disabilities is a state office that promotes public polices to increase and support the inclusion of individuals with developmental disabilities in their communities.

1<sup>st</sup> Floor, Davy Crockett Tower | 500 James Robertson Pkwy | Nashville, TN 37243 (615) 532-6615 | Fax: (615) 532-6964 | Email: tnddc@tn.gov

### **Epilepsy Foundation**

The Epilepsy Foundation is dedicated to assisting those affected by epilepsy by educating persons affected and their families. Epilepsy Foundation hosts a variety of programs for various activities, ranging from athletics, art, music and support groups.

Middle & West TN	Southeast Tennessee	East Tennessee
https://www.epilepsytn.org/	www.epilepsy-setn.org	www.efeasttn.org
(615) 269-7091	(423) 380-8545	(865) 522-4991
(800) 244-0768 (Toll-Free)	Info@epilepsy-setn.org	

### Tennessee Disability Coalition (see also Advocacy)

www.tndisability.org

955 Woodland Street | Nashville, TN 37206 | (615) 383-9442

### **United Cerebral Palsy of Middle Tennessee**

ucpmidtn.org/

UCPMidTN focuses on services for individuals of all ages and all types of disabilities, especially those that primarily affect mobility. Consumers have a wide variety of physical disabilities – approximately 30 percent of UCP consumers have cerebral palsy and 70 percent have other disabilities including autism, spina bifida, multiple sclerosis (MS), disability resulting from head and spinal cord injury, amyotrophic lateral sclerosis (ALS), amputations, strokes and heart attacks and many lesser known physical disabilities.

1200 9<sup>th</sup> Avenue North, Suite 100 | Nashville, TN 37208 | (615) 242-4091

### **EDUCATION**

### **Brain Links**

### www.tndisability.org/brain

In 2018, the Tennessee Traumatic Brain Injury Program was awarded a TBI grant by the Administration of Community Living to create and strengthen a system of services and supports for people with TBI across the lifespan. The program known as Brain Links has a statewide team of brain injury specialists that equip professionals to better serve people with TBI. Brain Links can provide:

- Evidence-based TBI trainings tailored to a particular discipline;
- Certificates for educational credits:
- Toolkits for screening, symptom tracking and communication with schools;
- Educational resources including parent-friendly educational materials;
- Resources for return to home, school or work settings.

West Region	Middle Region	
Carrie Carlson	Paula Denslow, Director	
Resource Specialist	Resource Specialist	
carrie_c@tndisability.org	(615) 383-9442	
	paula d@tndisability.org	

Middle RegionEast RegionWendy ElmoJennifer RaymanResource SpecialistResource Specialistwendy e@tndisability.orgjennifer j@tndisability.org

### **Tennessee Department of Education, Special Education**

http://www.tn.gov/education/

The Department of Education promotes educational services and programs for all Tennessee's students with special education needs. The department is committed to systematic planning along with plan implementation, tracking and accountability as a vehicle for providing the leadership necessary for fulfilling this purpose.

### **EDUCATION**

### STEP: Support and Training for Exceptional Parents

### www.tnstep.org/

STEP is a statewide family-to-family program established in 1989 to support families. The program provides free information, advocacy training and support services to parents of children eligible to receive special education services under the Individuals with Disabilities Education Act (IDEA).

West Tennessee
2157 Madison Ave., Ste. 204
Memphis, TN 38104
(901) 726-4334

Middle Tennessee
955 Woodland Street
Nashville, TN 37206
(615) 463-2310

**East Tennessee**712 Professional Plaza
Greenville, TN 37745
(423) 639-0125

Toll-Free: (800) 280-STEP | Spanish: (800) 975-2919 | Fax: (423) 636-8217

Email: information@tnstep.org



### EMPLOYMENT SERVICES / VOCATIONAL REHABILITATION

### **JOBS4TN**

www.jobs4tn.gov/

Tennessee job seekers and employers have a powerful tool in searching for jobs and job candidates. The site allows users to customize their workspaces, to expand database searches and how they are saved, and the share jobs through e-mail and the Career Network.

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### Tennessee Department of Human Services, Vocational Rehabilitation

www.tn.gov/humanservices/ds/vocational-rehabilitation.html

Vocational Rehabilitation (VR) is a federal and state funded program that provides a variety of individualized services to persons with disabilities in preparation for employment in the competitive labor market. VR advocates employment outcomes for clients that are consistent with their individual strengths, resources, abilities, capabilities and informed care.

- Counseling & Guidance
- Training
- Maintenance & Transportation
- Transition Service from School to Work
- Personal Care Assistance
- Rehabilitation Technology Services
- Job Placement
- Post-Employment Services
- Supported Employment
- Independent Living Services

James K. Polk State Office Building, 15<sup>th</sup> Floor | Nashville, TN 37243 | (615) 313-4891 TTY: (615) 313-4891 | TTY Long Distance: (800) 270-1349

### **Tennessee Rehabilitation Center**

www.tn.gov/humanservices/ds/trc-smyrna.html

The Tennessee Rehabilitation Center (TRC) in Smyrna is a state-operated training center that provides career and technical education to prepare individuals with disabilities for greater independence and competitive integrated employment in their local communities. Services are provided on campus and most clients live on campus in residential units while receiving services. The TRC serves clients of the Department of Human Services, Division of Rehabilitation Services, from all 95 counties in the state.

406 North Ave | Smyrna, TN 37167 | (615) 459-6811

### EMPLOYMENT SERVICES / VOCATIONAL REHABILITATION

### **Tennessee Department of Labor and Work Force Development**

www.tn.gov/workforce/jobs-and-education/job-search1/find-local-american-job-center.html

The American Job Centers offers services that can meet the employment needs of recent college graduates looking for a job to seasoned employees wanting a career change. The Center provides free access to resource rooms which include computers and internet, telephones and fax machines. Job seekers can attend on-site recruiting events, workshops on resume writing, interviewing skill, and job search activities or purse more intensive training or certification for occupations that are in demand. American Job Centers offers the right tools needed to succeed. All 95 Tennessee counties are served by an American Job Center with qualified staff and are open 8:00 am to 4:30 pm, Monday – Friday.

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### **Benefits to Work Project**

http://www.tndisability.org/benefits-work

Benefits to Work is a program of the Tennessee Disability Coalition and Empower TN. The goal of Benefits to Work is to promote self-sufficiency for individuals with disabilities by helping to lessen some of the obstacles faced when going to work including concern about losing healthcare coverage and other benefits. Highly trained counselors have assisted hundreds of individuals with understanding the Social Security employment supports such as Ticket to Work. Benefits to Work provide tools to make informed decisions about working, financial circumstances and the courage to purse career goals. To better serve Benefits to Work collaborates with employment resource professionals such as Social Security, Vocational Rehabilitation, Employment Networks, Workforce Employment Networks, Protection and Advocacy for Beneficiaries of Social Security (PABSS) and many others.

### For more information contact:

Alice L. Bowen, Program Director (888) 839-5333



### FINANCIAL ASSISTANCE AND BENEFITS

### **TBI Targeted Family Support Program**

https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi/tbi-family-support-program.html

The Tennessee Traumatic Brain Injury (TBI) Targeted Family Support Program benefits individuals that have sustained severe disability due to traumatic brain injury by assisting those individuals, as well as their families, to remain in their homes and communities. Services can include but are not limited to respite care, day care services, home modification, equipment, supplies, personal assistance, transportation, homemaker, services, housing costs, health-related needs, nursing and counseling. The primary purpose of the program is to support:

- Adults with disability due to traumatic brain injury who choose to live with their families;
- Adults with disability due to traumatic brain injury not supported by other residential programs funded by state or federal government; and
- Families who have school-age or younger children with disability due to traumatic brain injury.

**For more information**, call the TBI Program at (800) 882-0611 or contact Lakeesha Jackson at <u>ljackson@arcdc.org</u> or call (615) 321-5699 x229.

# Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) www.ssa.gov

**SSI:** Supplemental Security Income pays benefits based on financial need. The SSI program makes payments to people with low income who are age 65 or older or are blind or have a disability. A child younger than age 18 can qualify if an individual meets Social Security's definition of disability for children, and if the individual's income and resources fall within eligibility limits.

**SSDI:** Social Security pays benefits to people who cannot work because they have a medical condition expected to last at least one year or result in death. Federal law requires a very strict definition of disability.

www.socialsecurity.gov | (800) 772-1213 | TTY: (800) 325-0778

### FINANCIAL ASSISTANCE AND BENEFITS

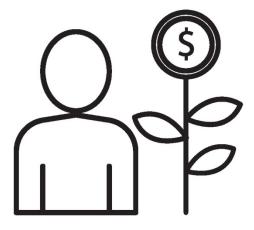
### Vista Points, Inc.

www.vistapoints.org/

Vista Points, Inc. is a non-profit organization that acts as a trustee for special needs trusts. It also offers resources on establishing special needs trusts, educational programs, and referrals to attorneys to assist families with creating special needs trusts.

Vista Points provides trustee services for three types of special needs trusts: (1) first part or self settled trusts, (2) third party trusts, and (3) pooled trusts. Through community outreach activities and educational programs, Vista Points promotes the advantages of special needs, trusts to those who will most benefit from them, including people living with a physical, mental or intellectual disability, their parents and caregivers and the professionals who serve and guide them.

(888) 442-4076 | Email: info@vistapoints.org



### **HOUSING / LIVING CARE ARRANGEMENTS**

### Accessible Space, Inc.

www.accessiblespace.org/

ASI is a nationwide, non-profit housing and service provider for adults with physical disabilities and seniors and oversees three affordable and accessible apartment complexes in Nashville and Memphis. Tennessee Community Services Agency provides supportive services to eligible residents of the Memphis Facilities.

### Locations:

Hagy Commons	McCullough Place	<b>Welsh Manor</b>
2737 McCampbell Ave.	1456 Gilham Rd	2900 Coleman Rd
Nashville, TN 37214	Memphis, TN 38134	Memphis, TN 38128

### Castalian Springs (see also Facilities)

https://www.neurorestorative.com/state-location/castalian-springs/

NeuroRestorative Castalian Springs provides regional access to rehabilitation, transitional and supported living services for adults with brain injury through the southeast. This facility is a single-family setting in a rural location that offers ample outdoor space including a pavilion, garden and patio.

Services provided may be offered by NeuroRestorative staff and other professionals on-site or in the community. NeuroRestorative also coordinates or assists participants in accessing additional services from other health professionals and local service providers as necessary.

- 24-Hour Staff Support
- Art Classes
- Behavior Analysis Consultation
- Case Management
- Community Integration
- Family Education & Training
- Fitness Equipment & Activities
- Health & Wellness Services

- Home Management Skills Training
- Life Skills Training
- Meal Planning & Preparation
- Medical Care Coordination
- Neuropsychological Consultation
- Nursing
- Nutritional Education

- Nutritionally Prepared Meals & Snacks
- Phone, Cable, Computer & Internet Access & Support
- Prevocational Services Coordination
- Social & Recreational Activities
- Therapy Services Coordination
- Transportation
- Vocational Activities

268 Governor Hall Rd. | Castalian Springs, TN 37031 | (800) 743-6802

### **HOUSING / LIVING CARE ARRANGEMENTS**

### Crumley House (see also Facilities)

www.Crumleyhouse.com

Crumley House provides transitional living services for adults with brain injury in a fully accessible building with 14 apartment units, located on 32 acres of land overlooking the mountains.

Crumley House Residential Program provides the following services:

- Individuals reside at the facility with staff on premises 27 hours a day, 7 days a week;
- Members of the residential program are expected to participate in the rehabilitation program;
- Assistance with activities of daily living is provided by staff, with the level of support being dependent upon the individual's needs;
- Meals are provided in the dining area three times a day;
- Medications are managed with supervision of staff;
- Transportation is available for routine local healthcare follow up and services; and
- Crumley House staff participate in specialized training programs focused on brain injury.

300 Urbana Rd. | Limestone, TN 37681 | (423) 257-3644

### **Hosanna Community**

www.hosannacommunity.org

The Hosanna Community fosters independence for adults with physical disabilities and traumatic brain injuries. Located on seven wooded acres, facilities living quarters and separate bedrooms for each resident.

### Hosanna provides:

- A chance for adults with disabilities to live in a supportive community while maintaining independence;
- An opportunity for those who do not need assisted living services to find the supportive services they needed while living as independently as they are able;
- A home-away-from-home, providing family members the peace of mind that their loved on is in a setting that encourages self-fulfillment through self-sufficiency; and
- A safety net for those individuals who can manage the activities of daily living yet need support in other areas.

6410 Grubb Rd. | Hixson, TN 37343 | (423) 870-6880 | Email: <u>hosannacommunity@comcast.net</u>

### INFORMATION AND REFERRAL

### **Brain Injury Association of Tennessee**

https://braininjurytenn.org/

The Brain Injury Association of Tennessee (BIAT) is a non-profit organization dedicated to improving the quality of life for survivors of traumatic brain injury and their families and to the prevention of brain injuries.

P.O. Box 280364 | Nashville, TN 37228 | (615) 955-0673 | Family Help Line: (877) 757-2428

### **Tennessee Disability Pathfinder**

www.familypathfinder.org

Tennessee Disability Pathfinder is a free, statewide clearinghouse of disability related resources and services for persons with disabilities, their family members, services providers and advocates. Pathfinder provides:

- Toll-Free statewide bilingual helpline: (800) 640-4636 or email tnpathfinder@vumc.org
- Free Online Services Database: https://vkc.vumc.org/pathsearch/
- Disability Resource Library: <a href="https://vkc.vumc.org/vkc/pathfinder/library/">https://vkc.vumc.org/vkc/pathfinder/library/</a>

### **Tennessee Commission on Aging and Disability**

www.tn.gov/aging.html

The Tennessee Commission on Aging and Disability is the designated state agency mandated to provide leadership on behalf of older persons and individuals with a disability in the state.

502 Deaderick Street, 9th Floor | Nashville, TN 37243 | (615) 741-2056

Email: <a href="mailto:laverdia.mccullough@tn.gov">laverdia.mccullough@tn.gov</a>

### United Way, 2-1-1

www.211tn.org

United Way 2-1-1 is a source of information about community services in Middle Tennessee, such as healthcare, food and financial assistance, counseling and legal services. Multilingual services are available.

### INFORMATION AND REFERRAL

### **Tennessee Association of Human Resource Agencies**

https://tnhra.org/

The Tennessee General Assembly has established the Human Resource Agencies to be the delivery system for human services throughout the state. Nine regional agencies offer services in the following major categories: Elderly and Disabled Services, Community Intervention, Children and Youth Services, Nutrition Services, Transportation, Education and Employment and Home Health Programs.

<b>Delta</b> Covington, TN 38019 (901) 476-5226	Mid Cumberland Nashville, TN 37217 (615) 331-6033	<b>South East</b> Dunlap, TN 37327 (423) 949-2191 or
www.deltahra.org	www.mchra.com	(800) 852-6155 www.sethra.us
East Tennessee	Northwest Tennessee	<u></u>
Knoxville, TN 37923	Martin, TN 38237	Southwest
(865) 691-2551	(800) 750-6866	Henderson, TN 38340
www.ethra.org	www.nwtdd.org/nwthra	(731) 989-5111 www.swhra.org
First Tennessee	South Central	<u>www.swiira.org</u>
Johnson City, TN 37604	Fayetteville, TN 37334	<b>Upper Cumberland</b>
(423) 461-8200	(931) 433-7182	Cookeville, TN 38501
www.fthra.org	www.schra.us	(931) 528-1127

www.uchra.com

### **Traumatic Brain Injury Service Coordinators**

https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi/support-groups.html

TBI Service Coordinators are available to assist persons with brain injury, families and professionals access needed programs and services.

For more information call, (800) 882-0611 or:

Memphis Area:	(901) 545-8487	Upper Cumberland:	(931) 372-8900
Jackson Area:	(731) 541-4941	Chattanooga Area:	(423) 602-7246
Nashville Area:	(615) 955-0673	Knoxville Area:	(865) 331-1499
Murfreesboro Area:	(616) 440-9908	Johnson City Area:	(423) 257-3644 x6

### MEDICAL

### **MEDICARE**

www.medicare.gov/

Medicare is national health insurance for people age 65 or older, people under 65 with certain disabilities and people of any age with End-Stage Renal Disease. Medicare is not income based. Individuals with disability under age 65 are eligible for Medicare benefits once qualified for Social Security Disability insurance benefits. Medicare is automatically offered to persons drawing Social Security benefits for a period of 24 months.

For more information call., (800) MEDICARE [(800) 633-4227]

### **CHOICES**

https://www.tn.gov/tenncare/long-term-services-supports/choices.html

TennCare CHOICES program includes nursing facility services and home and community-based services for adults (age 21 and older) with a physical disability and seniors (age 65 and older). The CHOICES program offers services to help a person live in their own home or in their community.

For CHOICES counseling assistance, contact your local Area Agency on Aging and Disability (AAAD) at:

<b>First Tennessee</b> (866) 836-6678	<b>Upper Cumberland</b> (931) 476-4158	<b>Mid-South TN</b> (866) 836-6678
benefits@ftaaad.org	benefits@ucdd.org	Benefits.counseling@agingcommission.org
Northwest TN (866) 836-6678 benefits@nwtdd.org	Southwest TN (731) 668-6967 Benefits@swtdd.org	Greater Nashville (615) 255-1010 benefits@gnrc.org
South Central TN (866) 836-6678 benefits@sctdd.org	East TN (866) 836-6678 benefits@ethra.org	Southeast TN Cookeville, TN 38501 (931) 528-1127 www.uchra.com

### **TENNCARE**

www.tn.gov/tenncare.html

TennCare is the state of Tennessee's Medicaid program that provides healthcare for approximately 1.4 million Tennesseans. TennCare provides healthcare to mostly low-income pregnancy women, parents or caregivers of a minor child, children and individuals who are elderly or have disability. To get Medicaid, individuals must meet the income and resource limits.

(800) 342-3145 or Tennessee Health Connection (855) 259-0701

### **Behavioral Health Safety Net**

https://www.tn.gov/behavioral-health/mental-health-services/adults/behavioral-health-safety-net-.html

The Behavioral Health Safety Net (BHSN) of TN provides core behavioral health services to Tennesseans 18+ who lack insurance coverage and meet all eligibility requirements for BHSN. These services are community-based and inpatient care is not covered. The BHSN is administered through contract with Community Mental Health Agencies across the state.

### Centerstone

https://www.centerstone.org/

Centerstone is a not-for-profit health system providing mental health and substance use disorder treatments. Centerstone cares for mor than 63,000 people each year throughout the Middle Tennessee area and believes every person matters and is uniquely committed to bridging the gaps between mind and body health through integrated primary and behavioral healthcare. Most insurances are accepted – including Medicaid, Medicare and many commercial insurance plans. For individuals who do not have insurance, ask about payment assistance.

Centerstone Treatment Services include:

- Addiction Recovery
- Children and Family
- Counseling
- Crisis and Urgent
   Military Services Care
- Forensic Evaluation
- Housing
- Inpatient
- Pharmacy
- Psychiatric Care
- Social Services

To find a location in your area, visit <a href="https://centerstone.org/locations/tennessee/#nav-locations">https://centerstone.org/locations/tennessee/#nav-locations</a>

To learn about programs in TN, visit https://centerstone.org/locations/tennessee/#nav-programs

(877) 467-3123 | TN Crisis Line: (800) 861-7444 | Military Services Crisis Line: (866) 781-8010

### **Cumberland Heights** (see also Facilities)

https://www.cumberlandheights.org/

Cumberland Heights is a non-profit organization that has provided services since 1966 and prides itself on being a treatment center steeped in tradition also taking on cutting-edge practices such as predictive analytics and feedback-informed treatment. Best known for their main campus on River Road, Cumberland Heights provides quality addiction treatment at 15 outpatient recovery centers through the state of Tennessee.

To learn about Cumberland Height locations visit, https://www.cumberlandheights.org/locations/

General Information: (615) 352-1757 | TTY/TDD: (615) 690-4537 | Admissions: (615) 356-2700

### **Institute on Aging**

https://www.ioaging.org/services/all-inclusive-health-care/friendship-line

Institute on Aging's 24-hour toll-free non-emergency Friendship Line is an accredited crisis line for people aged 60 years and older and adults living with disabilities. The line is answered by trained volunteers who specialize in offering a caring ear and having a friendly conversation.

(800) 971-0016

### **National Suicide Prevention Lifeline**

https://suicidepreventionlifeline.org/

The National Suicide Prevention Lifeline is a national network of local crisis centers that provide free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week.

Anyone could be struggling with suicide. To find more specific resources, visit <a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>

(800) 273-TALK or (800) 273-8255



# Tennessee Association of Alcohol, Drug & Other Addiction Services <a href="https://www.taadas.org/">https://www.taadas.org/</a>

TAADAS is a statewide organization that connects individuals to resources and services for alcohol and drug, gambling addiction, and other addiction information. Services that TAADAS provides include the Tennessee REDLINE, TAADAS Statewide Clearinghouse, Gambling Addiction Recovery Services Database and advocacy/policy analysis.

**Tennessee REDLINE** (1-800-889-9789) is a toll-free information and referral line coordinated by TAADAS and funded by the Tennessee Department of Mental Health and Substance Abuse Services. The purpose of the REDLINE is to provide accurate, up-to-date alcohol, drug, problem gambling, and other addiction information and referrals to all citizens of Tennessee at their request.

**TAADAS Statewide Clearinghouse** is the state repository and dissemination center for alcohol and drug, problem gambling, and other addiction prevention and treatment literature. This literature is free and may be ordered via the TAADAS website at <a href="https://www.taadas.org">www.taadas.org</a>.

Gambling Addiction Recovery Services Database is a consistently updated database on gambling providers, including counseling, treatment, support groups and wrap around recovery services for problem gambling or gambling addiction.

(615) 780-5901 | Fax: (615) 780-5905 | Email: mail@taadas.org

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# **Tennessee Association of Mental Health Organizations** <a href="https://www.tamho.org/">https://www.tamho.org/</a>

https://www.tamno.org/

The Tennessee Association of Mental Health Organizations (TAMHO) is a statewide trade association representing Community Mental Health Centers and other non-profit corporations that provide behavioral health services.

To learn more about services, please visit <a href="http://www.tamho.org/#services">http://www.tamho.org/#services</a>

Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) https://www.tn.gov/behavioral-health.html

TDMHSAS Division of Mental Health Services administers and supports a diverse array of services and support for individuals of all ages living with mental illness, co-occurring disorders, or serious emotional disturbances. The Division is responsible for community-based programs and community support services including housing, crisis services, suicide prevention and peer-to-peer recovery services.

To learn more about services offered by the Division of Mental Health Services, visit <a href="https://www.tn.gov/behavioral-health/mental-health-services.html">https://www.tn.gov/behavioral-health/mental-health-services.html</a>

Tennessee Department of Mental Health and Substance Abuse Services (TDMHSAS) <a href="https://www.tn.gov/behavioral-health.html">https://www.tn.gov/behavioral-health.html</a>

TDMHSAS Division of Substance Abuse Services administers and supports a diverse array of substance abuse services, support, and resources. The Division provides substance abuse prevention efforts, treatment and recovery services and resources, criminal justice services, faith-based initiatives, per recovery services and crisis services.

To learn more about services offered by the Division of Substance Abuse Services, visit https://www.tn.gov/behavioral-health/substance-abuse-services.html

500 Deaderick Street | Nashville, TN 37243 | Email: OCA.TDMHSAS@tn.gov

## **Tennessee Mental Health Consumers' Association** https://tmhca-tn.org/

The Tennessee Mental Health Consumers' Association (TMHCA) is Tennessee's only statewide organization that is owned and operated by people in recovery from mental health issues or addiction. TMHCA has over three decades of experience helping people find hope in their life. TMHCA's mission is to promote recovery and community through peer support, education and advocacy for all mental health consumers in Tennessee.

To learn more about services and resources provided by TMHCA, visit <a href="https://tmhca-tn.org/">https://tmhca-tn.org/</a> or call a local office at:

### Corporate Office 3931 Gallatin Pike Nashville, TN 37216 (615) 250-1176 (888) 539-0393 (Toll-Free)

### Columbia Office 704 Lion Parkway Columbia, TN 38401 (931) 388-0664

### Memphis Office 1407 Union Avenue, Suite 810 (901) 522-2090

### Jackson Office 319 Vann Drive Jackson, TN 38305 (731) 660-3275

### McMinnville Office 1035 Sparta St. McMinnville, TN 37110 (931) 474-4053

### 416 A Medical Center Pkwy Murfreesboro, TN 37129 (615) 849-2117

**Murfreesboro Office** 

### Chattanooga Office 420 Bell Avenue Chattanooga, TN 37405 (423) 803-5655

### **Tennessee REDLINE**

https://www.taadas.org/our-programs-and-services/redline

Tennessee REDLINE is a free 24/7 toll-free information and referral line coordinated by TAADAS and funded by the Tennessee Department of Mental Health and Substance Abuse Services. The purpose of the REDLINE is to promote accurate, up-to-date alcohol, drug, problem gambling and other addiction information and referrals to all citizen of Tennessee at their request.

Call or text: (800) 889-9789



### **Tennessee Suicide Prevention Network (TSPN)**

https://www.tspn.org/

TSPN is a statewide public-private organization responsible for implementing the Tennessee Strategy for Suicide Prevention as defined by the 2001 National Strategy for Suicide Prevention. TSPN works across the state to eliminate the stigma of suicide and educate communities about the warning signs of suicide, with the ultimate intention of reducing suicide rates in the state of Tennessee. TSPN provides suicide prevention and crisis intervention training to community organizations and conducts postvention sessions for schools and organizations after suicides occur.

To learn more about resources provided by TSPN, visit <a href="https://www.tspn.org/get-help-now/">https://www.tspn.org/get-help-now/</a>
For more information on training provided by TSPN, visit <a href="https://www.tspn.org/curricula/">https://www.tspn.org/curricula/</a>
To learn more about suicide loss and lived experience, visit <a href="https://www.tspn.org/for-survivors/">https://www.tspn.org/for-survivors/</a>
1321 Murfreesboro Pike #115 | Nashville, TN 37217 | (615) 297-1077 | Email: <a href="mailto:tspn@tspn.org">tspn.org</a>



### **Tennessee Statewide Crisis Phone Line**

https://www.tn.gov/behavioral-health/need-help/crisis-services.html

The Tennessee Statewide Crisis Line is available 24/7, 365 days a year. The Crisis Line is a resource for anyone experiencing a mental health crisis. All calls are routed to a trained crisis counselor in your area, who will provide you support and guidance, and work to connect individuals with appropriate community supports. **This service is free!** 

855-CRISIS-1 or (855) 274-7471



### PERSONAL SUPPORT / HOME AND COMMUNITY-BASED SERVICES

### **Centers for Independent Living**

Centers for Independent Living (CILs) are private, non-profit corporations that provide services to maximize the independence of individuals with disabilities. CILs provides advocacy, independent living skills training, information/referral and peer counseling.

**Empower TN** 

2601 Elm Hill Pike Nashville, TN 37214 (615) 292-5803 (615) 292-7790 TTY

www.empowertn.org

Email: info@empowertn.org

**Memphis Center for Independent Living** 

5100 Poplar Avenue, Suite 810

Memphis, TN 38137 (901) 726-6404 www.mcil.org

Email: mcil@mcil.org

disABILITY Resource Center

9111 Cross Park Drive, Suite E 135

Knoxville, TN 37923 (865) 637-3666 (865) 637-6796 TTY

Email: drc@drctn.org

**TARP Center for Independent Living** 

1027 Mineral Wells Ave., Suite #7

Paris, TN 38242

(731) 644-0026 VOICE (866) 895-8277 Toll-Free

www.tarp1.org/

Email: <a href="mailto:moreinfo@tarp1.org">moreinfo@tarp1.org</a>

**Jackson Center For Independent** Living

23 Federal Drive Jackson, TN 38305 (731) 668-2211 (731) 664-3790 TTY

www.j-cil.com

Tri-state Resource & Advocacy Corp. (TRAC)

6925 Shallowford Rd # 300 Chattanooga, TN 37421

(423) 892-4774

http://tndeaflibrary.nashville.gov/directory/southeast/tri-

state-resource-advocacy-corporation-inc-trac

Email: ilctrac@bellsouth.net

### Crumley House (see also Facilities)

www.crumleyhouse.com

Crumley House offers personal care services for adults with brain injury in a fully accessible building with 14 apartment units.

300 Urbana Rd. | Limestone, TN 37681 | (423) 257-3644

### PERSONAL SUPPORT / HOME AND COMMUNITY-BASED SERVICES

### **TennCare CHOICES**

www.tn.gov/tenncare/long-term-services-supports/choices.html

TennCare CHOICES program includes nursing facility services and home and community-based services for adults (age 21 and older) with a physical disability and seniors (age 65 and older). The CHOICES program offers services to help a person live in their own home or in the community.

TennCare Main Phone Line: (800) 342-3145 | TN Health Connection: (855) 259-0701

### **Tennessee Respite Coalition**

https://tnrespite.org/

The Tennessee Respite Coalition provides relief to families and caregivers from the extraordinary and intensive demands of providing ongoing care.

Statewide Respite Helpline: (888) 579-3754

### **Tennessee Community Services Agency**

http://www.tncsa.com/

Tennessee Community Services Agency (TNCSA) is a public agency created by the General Assembly of Tennessee with a broad mission of servicing Tennesseans in need. TNCSA provides personal support services for persons with brain injury living in two affordable and accessible facilities in Memphis. They assist with activities of daily living, includes but not limited to bathing, dressing, grooming, shopping, laundry and cleaning.

Corporate Office: (731) 884-2640

### PUBLIC SERVICES

### **Adult Protective Services**

www.tn.gov/humanservices/article/adult-protective-services

Services and assistance are offered for adults who are mentally or physically unable to protect their own interest; have no willing, able, or responsible individual to act on their behalf; and are abused, neglected (including self-neglect) or exploited. Abuse can be physical, emotional, sexual or financial. This includes adults with disabilities and elderly living with relatives or in facilities. Services are available 24/7.

Hotline to Report Abuse or Neglect: (888) 277-8366

### **Automobile Licenses for Disabled**

www.tn.gov/revenue/title-and-registration/license-plates/disabled-plates-placards.html

Automobile placards, plates, and temporary placards for individuals with disability are available upon request with a physician's certificate. Contact the Automobile Registration Department in the County Clerk's Office for application forms and information.

For a license plate, the individual with disability must have title to the care. There is no extra charge and plates are available in all counties. For a placard, the individual with disability need not be the driver or owner of the car.

### Smart911.com

www.smart911.com

Create a safety profile for your household that includes vital personal and medical information. The safety profile helps fire fighters and other emergency responders help if you call 911. Enter your zip code to see if area is served.

### **TN Yellow Dot Program**

 $\underline{https://www.tn.gov/tdot/traffic-operations-division/transportation-management-office/yellow-\underline{dot-program.html}}$ 

The Tennessee Yellow DOT Program is a free program designed to provide first responders with an individual's medical information in the event of an emergency on Tennessee's roadway.

## PUBLIC SERVICES

#### **Americans with Disabilities Act**

https://www.ada.gov/ada\_intro.htm

The Americans with Disability Act (ADA) was signed into law July 26, 1990, by President George H . W. Bush. The ADA is one of American's most comprehensive pieces of civil rights legislation that prohibits discrimination and guarantees people with disabilities have the same opportunities as everyone else to participate in the mainstream of American life – to enjoy employment opportunities, to purchase goods and services, and to participate in state and local government programs and services. The ADA is an equal opportunity law for persons with disabilities.

To be protected by the ADA, one must have a disability, which is defined by the ADA and can be found by, visiting <a href="https://www.ada.gov/pubs/adastatute08.htm">https://www.ada.gov/pubs/adastatute08.htm</a>

# **Brain Injury Association of America**

www.biausa.org/

The mission of the Brain Injury Association of America (BIAA) is to advance brain injury prevention, research, treatment and education and to improve the quality of life for all people affected by brain injury. BIAA is dedicated to increasing access to quality healthcare and raising awareness and understanding of brain injury.

(703) 761-0750 | For Brain Injury Information Only: (800) 444-6443

## **Center for Disease Control and Prevention (CDC)**

www.cdc.gov/TraumaticBrainInjury/

CDC's research and programs work to prevent brain injuries and help individuals recognize, respond and recover from traumatic brain injuries.

(800) CDC-INFO or (800) 232-4636

## **United States Brain Injury Alliance (BIA)**

http://usbia.org/

BIA's mission is to engage the community in preventing brain injury and improving lives.

(703) 960-6500 | Email: <u>info@usbia.org</u>

# **SERVICE ANIMALS**

## **Retrieving Independence**

www.retrievingindependence.org/

Retrieving Independence is a non-profit organization that breeds, trains, and places top quality service dogs with children and adults living with physical and mental disabilities. The organization's mission is to develop and successfully place highly skilled service dogs to assist with individuals living with a disability, enhancing their quality of life. Dogs are trained to help with conditions such as, but not limited to psychological issues, mobility disorders, seizures, stroke and combinations of several of these conditions.

256 Seaboard Lane Ste. C101 | Franklin, TN 37067 | (615) 934-0444

Email: info@RetrievingIndependence.org



## **SERVICE COORDINATION**

## **OUR GOAL?**

The goal of the TBI Service Coordination Program is to improve the quality of life for people with brain injury and their families.

#### WHAT IS SERVICE COORDINATION?

The service coordinator's role is to work with survivors of an acquired brain injury and their families to assess their current resources and needs. Service coordinators:

- Develop a comprehensive plan of care;
- Provide referrals to available resources;
- Coordinate services by engaging in advocacy; and
- Bridge gaps in the service delivery system.

Families are assisted in locating information and services appropriate to their situation and guided in securing these services. Professionals can receive technical assistance, resource information and education to better understand the unique needs of people with brain injuries. Services are provided **free of charge**.

## WHY IS SERVICE COORDINATION NEEDED?

Whether a brain injury is mild, moderate, or severe, the result can be a variety of cognitive, behavioral and emotional complications.

Due to improved medical technology, the number of people who survive traumatic brain injury has increased significantly in recent years. Many families struggle to cope with caring for a loved one with a brain injury. A service coordinator is a valuable resource for identifying and securing needed services that help persons with brain injury and the family to make the most of life after injury. Service coordinators work to build natural support systems that provide direction for a productive and independent life.

## SERVICE COORDINATION SERVICES

TBI service coordinators deliver the following core services:

- Provide information on brain injury;
- Refer clients to qualified services;
- Assist clients in applying for and accessing services;
- Advocate for individual rights and benefits;
- Develop support groups; and
- Assist or consult in the development of new programs and services.

## SERVICE COORDINATOR CONTACT INFORMATION

## **West Region**

## **Memphis - Carolyn Chambers**

Regional One Health
Traumatic Brain Injury Services, Room A-659
887 Jefferson Avenue
Memphis, TN 38103

<u>Cchambers@regionalonehealth.org</u>

P: (901) 545-8487

Fayette, Haywood, Lauderdale, Shelby, Tipton

## **Jackson - Jimmie Lee Morris**

West Tennessee Rehabilitation Center 1804 US Highway 45 Bypass Jackson, TN 38305

Jimmie.Morris@WTH.org

P: (731) 541-4941

Benton, Carroll, Chester, Crocket, Decatur, Dyer, Gibson, Hardin, Hardeman, Henderson, Henry, Houston, Humphreys, Lake, Madison, McNairy, Obion, Perry, Stewart, Weakly

# **Middle Region**

## Nashville - Angela Pearson

Brain Injury Association of Tennessee 2245 Rosa L. Parks Blvd, P.O. Box 280364 Nashville, TN 37228

apearson.biat@gmail.com

P: (615) 955-0673

Cheatham, Davidson, Dickson, Montgomery, Robertson, Sumner, Trousdale, Williamson, Wilson

## Murfreesboro - Holland Camara

Disability Rights Tennessee 701 Murfreesboro Rd. Ste. 200 Nashville, TN 37210

HollandC@disabilityrightstn.org

P: (615) 298-1080

Bedford, Coffee, Franklin, Giles, Hickman, Lawrence, Lewis, Lincoln, Marshal, Maury, Moore, Rutherford, Wayne

# **Central Region**

## **Upper Cumberland - Rick Hall**

Disability Rights Tennessee 118 South Dixie, Suite 8 Cookeville, TN 38501 RickH@disabilityrightstn.org

P: (615) 298-1080

Cannon, Clay, Cumberland, Dekalb, Fentress, Jackson, Macon, Overton, Pickett, Putnam, Roane, Smith, Van Buren, Warren, White

## Chattanooga - Lisa Morgan

Chattanooga Area Brain Injury Association 6319 East Brainerd Road Chattanooga, TN 37421

chattanoogabraininjury@gmail.com

P: (423) 602-7246

Bledsoe, Bradley, Grundy, Hamilton, Marion, McMinn, Meigs, Polk, Rhea, Sequatchie

# **East Region**

## **Knoxville - Patty Cruze**

Patricia Neal Rehab at Fort Sanders 1901 Clinch Ave. 5<sup>th</sup> Floor East Knoxville, TN 37916 PCruze@CovHlth.com

P: (865) 331-1499

Anderson, Blount, Campbell, Cocke, Grainger, Hamblen, Jefferson, Knox, Loudon, Monroe, Morgan, Sevier, Scott, Union

## Johnson City - Fredda Roberts

Crumley House 300 Urbana Rd Limestone, TN 37681

fredda@crunleyhouse.com

P: (423) 257-3644 x6

Carter, Claiborne, Greene, Hancock, Hawkins, Johnson, Sullivan, Unicoi, Washington

## **SUPPORT GROUPS**

# **Traumatic Brain Injury Support Groups**

https://www.tn.gov/health/health-program-areas/fhw/vipp/tbi/support-groups.html

TBI service coordinators provide local brain injury support groups for people with brain injury, families, caregivers and related professionals. For more information call (800) 882-0611 or contact your local service coordinator:

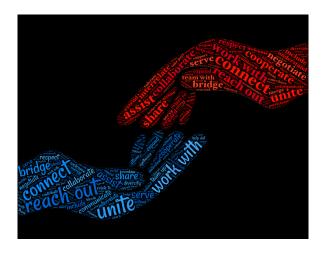
Memphis Area:	(901) 545-8487	Upper Cumberland:	(615) 372-298-1080
Jackson Area:	(731) 541-4941	Chattanooga Area:	(423) 602-7246
Nashville Area:	(615) 955-0673	Knoxville Area:	(865) 331-1499
Murfreesboro Area:	(615) 298-1080	Johnson City Area:	(423) 257-3644 x6

#### Trauma Survivor Network

https://www.traumasurvivorsnetwork.org/pages/home

The Trauma Survivors Network (TSN) is a community of patients and families looking to connect with one another and rebuild their lives after a serious injury. The TSN website includes links to the following Trauma Survivor Networks in Tennessee:

- Holston Valley Medical Center, Kingsport
- University of Tennessee Medical Center, Knoxville
- Regional One Health, Memphis
- Vanderbilt University Medical Center, Nashville



# **FACILITIES AND SERVICES**

#### GUIDING PRINCIPLES FOR SELECTING A FACILITY

- 1. Before you visit a facility, prepare a list of questions. This shows you want the best for loved one, client, or patient. Write down answers during interviews, this will provide a record and will allow comparison of information from different programs and facilities.
- 2. Many brain injury rehabilitation facilities have specialties. If a loved one, client, or patient has physical problems such as difficulty walking or balance issues, look for a facility with a strong physical therapy program. If a loved one, client, or patient is experiencing behavioral problems, a facility with a neurobehavioral program may suite your needs.
- 3. Try to obtain the names of at least three facilities to visit and compare.
- 4. Determine if the program team is experienced specifically in brain injury. A well-established rehabilitation program will have staff with many years of experience and expertise in brain injury. Specialized staff may also use more innovative treatment techniques and be more sensitive to the needs of the patient and their families. Look for a team approach to planning and treatment.
- 5. Ask if the facility is accredited by a nationally recognized accrediting body such as the Commission on Accreditation of Rehabilitation Facilities (CARF). The Joint Commission is an independent organization that sets the highest quality control standards for healthcare. Rehabilitation programs are not required to obtain accreditation. Those who request to be reviewed for accreditation demonstrate a strong commitment to quality.
- 6. Find out how much therapy is offered and how often. Facilities vary widely in their service provision.
- 7. Location should be one of the many factors that should be considered when selecting a rehabilitation program or facility. If a nearby program is not familiar with traumatic brain injury, it may be advantageous to travel further to ensure an appropriate program.
- 8. Ask for referrals to families of individuals who have participated in the program within the past year. Ask the families what they looked for in the program, what they were told prior to admission, their opinion of the program, and what they would have done differently? Ask the families did the program or facility meet their expectations? Why or why not?
- 9. Tour facilities. Look for a clean environment with caring staff and adequate space for therapy. Look for a system that lets new or temporary staff become familiar with the survivor's program and needs.
- 10. Your final decision should be determined by your own opinions. This will continue to be the most important criteria in the long-term care.

## **ACCREDITATION**

National Accreditation Commissions are paid by facilities to conduct an outside evaluation of services. The evaluation is conducted by experts in the appropriate specialty areas who apply very strict standards of care to the evaluation process. If a facility meets the standards, the agency will accredit the facility for a period of one to three years and facilities may the notify the public their facility has met these very strict standards. Accreditations used in this guide are:

**TJC:** The Joint Commission

**CARF:** Commission on Accreditation of Rehabilitation Facilities

CARF in General Rehabilitation

CARF in Comprehensive Inpatient Rehabilitation

**CARF-BI:** CAF in Brain Injury

**CORF:** Comprehensive Outpatient Rehabilitation Facility

# FACILITIES AND SERVICES IN STATE

## **Baptist Memorial Rehabilitation Hospital**

1240 South Germantown Road Germantown, TN 381385 (901) 275-330

http://www.baptistrehab.com/index.htm

#### **Program Description:**

Baptist Memorial Rehabilitation Hospital provides comprehensive inpatient and outpatient rehabilitation. The facility specializes in helping patients recover from stroke, brain injury, neurological conditions, trauma, spinal cord injury, amputation and orthopedic injury.

Admissions/Insurance: (901) 275-3311

**Ages Accepted:** 13+ Number of persons with brain injuries severed per year: 60

**Accreditations:** 

TJC **CARF-BI** CARF Medicare

**Reimbursement Accepted:** 

Private Insurance Medicaid / TennCare Veteran's Benefits **CHAMPUS** 

Medicare Worker's Comp Self-Pay

**Rehabilitation Programs:** 

Acute Inpatient Rehabilitation – Adult Outpatient Rehabilitation -Post Rehabilitation Program Adult Stroke Rehabilitation Pediatric Traumatic Brain Injury Program

Community Re-Entry Outpatient Neurological Amputee Clinic

Day Treatment Rehabilitation

Outpatient Rehabilitation - Adult

**Services Available:** 

Community Re-Entry

Academic Transitioning **Community Outings** Recreation Therapy Adult Education Counseling Rehab Nursing Diagnostic Services Amputee Clinic Religious Support

Respiratory Therapy Aquatic Therapy Education Speech Language Pathology Assistance with Insurance **Independent Living Skills** 

Assistive Technology Inpatient Rehab Support Group

**Behavior Modification** Neurology Swallowing Recovery Program

Transportation Brain Injury Service Coordination Nursing

Occupational Therapy Case Management Vestibular/Balance Program Care Coordination Organized Socialization Wound Management Center

Cognitive Retraining Physical Therapy

## **CORA Physical Therapy**

3014 S. Mall Road NE Knoxville, TN 37917

https://www.coraphysicaltherapy.com/

#### **For Information Call:**

(865) 687-4537

## **Program Description:**

A leader in physical therapy, CORA North Knoxville offers state-of-the art treatments with licensed clinicians' laser-focused on superior outcomes and passionate about personal care.

#### **Admission Criteria:**

Physician's prescription as well as Direct Access

#### **Ages Accepted:**

13 +

Number of persons with brain injury served per year: 25

#### **Accreditations:**

Medicare

#### **Reimbursement Accepted:**

CORA Physical Therapy is a community provider who participates in many insurance panels and in fact, accepts more than 4,000 plans. If individuals do not have insurance, affordable self-pay rates are available.

#### **Rehabilitation Programs:**

Outpatient Rehabilitation – Adult Outpatient Neurological Rehabilitation

#### **Services Available:**

ActiveTracks (Community Outreach Platform)

Sports Medicine Joint Mobilization

Balance & Coordination Training

Total Joint Replacement Rehabilitation

Arthritis

Chronic Pain Syndromes

Occupational & Industrial Services

Job Analysis

Massage Therapy

WorkTracks (Workers' Comp Solutions)

Spine Care

Strength & Conditioning Vestibular Rehabilitation

Temporal Mandibular Joint (TMJ)

**Spinal Cord Injuries** 

McKenzie Certified Spine Care

**Ergonomic Assessments** 

**Functional Capacity Evaluations** 

Pre and Post Offer Employment Screening

## Children's Hospital at Erlanger

910 Blackford Street Chattanooga, TN 37403

https://www.erlanger.org/default.aspx

**For Information Call:** (423) 778-7262

## **Program Description:**

Children's Hospital at Erlanger is a Comprehensive Regional Pediatric Center with 33 pediatric emergency beds, 14 pediatric intensive care beds, 64 neonatal intensive care beds and 50 inpatient pediatric beds.

#### **Admissions Criteria:**

Any patient presenting with conditions deemed necessary for admission by a physician with admitting privileges.

**Ages Accepted:** Birth – 21

#### **Accreditations:**

TJC

Medicare

#### **Reimbursement Accepted:**

Private Insurance Self-Pay CHAMPUS

Medicare Worker's Comp State / County Mental Health Funds

Medicaid / TennCare SSI

## **Rehabilitation Program:**

Acute Inpatient Rehabilitation – Pediatric

Day Treatment

Outpatient Rehabilitation – Pediatric

Traumatic Brain Injury Program

#### Services Available:

Audiology Neurology Assistance with Insurance Nursing

Behavior Modification

Brain Injury Service Coordination

Case Management

Care Coordination

Diagnostic Services

Occupational Therapy
Physical Therapy
Religious Support
Respiratory Therapy
Social Services

Education Speech Language Pathology

Financial Planning Support Group

Vocational Evaluation and Assessment

Wound Management Center

## **Crumley House Brain Injury Rehabilitation Center**

300 Urbana Road Limestone, TN 37681 www.crumleyhouse.com

Point of Contact: Guynn Edwards, Executive Director Phone: (423) 257-3644

#### **Program Description:**

Crumley House specializes in rehabilitation of brain injury survivors. The program provides transitional living services for adults with brain injury in a fully accessible building with 14 apartment units, located on 32 acres of land overlooking the mountains.

**Admission Criteria:** Brain Injury Survivor

**Ages Accepted: 18+** 

Number of people with brain injuries severed per year: 50

## **Reimbursement Accepted:**

State / County Vocational Rehabilitation Funds TennCare CHOICES Program

Developmentally Disabled Funds Worker's Comp

Self-Pay SSI

#### **Rehabilitation Programs:**

Behavior Management

Community Re-Entry

Day Treatment

Recreation Program

Vocational Program

Traumatic Brain Injury Program

#### **Services Available:**

Academic Transitioning Prevocational Training
Assistive Technology Recreation Therapy

Behavior Modification Respite Care

Case Manager / Care Coordinator
Community Re-Entry
Community Outings

Religious Supports
Social Services
Support Group

Cognitive Retraining Supported Employment Placement

Housing Transportation

Independent Living Skills Vocational Evaluation
Job Coaching Work Adjustment Training

Organized Socialization

## East Tennessee Children's Hospital Rehabilitation Center

1025 Children's Way Knoxville, TN 37922 https://www.etch.com/

**Phone:** (865) 541-8000

## **Program Description:**

The East Tennessee Children's Hospital Rehabilitation Center provides local children access to comprehensive pediatric medicine.

Admissions Criteria: Physician Referral

**Ages Accepted:** Birth – 22

Number of people with brain injuries served per year: 20

## **Accreditations:**

TJC

## **Reimbursement Accepted:**

Private Insurance
Medicaid /TennCare
Self-Pay
Veteran's Benefits Developmentally Disabled Funds
Cover Kids
Children's Special Services Program

## **Rehabilitation Programs:**

Outpatient Rehabilitation – Pediatric

## **Services Available:**

Aquatic Therapy Assistance with Insurance Occupational Therapy Physical Therapy Social Services Speech Language Pathology

## **Encompass Health Rehabilitation Hospital of Chattanooga**

2412 McCallie Ave. Chattanooga, TN 37404

https://www.encompasshealth.com/chattanoogarehab

**Phone:** (423) 698-0221 **Toll-Free:** (800) 763-5189

## **Program Description:**

HealthSouth Chattanooga Rehabilitation Hospital is a 50-bed acute, inpatient rehabilitation hospital that offers a diverse range of inpatient services, including brain injury rehabilitation. Advanced technology assists patients in reaching their maximum functional and cognitive potential.

**Admissions Criteria:** Need for therapy and a qualifying diagnosis

**Ages Accepted:** 13+

Number of people with brain injuries server per year: 95

**Accreditations:** 

Medicare TJC

**Reimbursement Accepted:** 

Private Insurance Medicaid / TennCare Medicare Worker's Comp

**Rehabilitation Programs:** 

Acute Inpatient Rehabilitation – Adult Community Re-Entry

Acute Inpatient Rehabilitation – Pediatric Traumatic Brain Injury Program

Adult Stroke Rehabilitation

#### **Services Available:**

Academic Transitioning Nursing

Assistance with Insurance Occupational Therapy
Assistive Technology Physical Therapy

Behavior Modification Rehab Nursing (Post-Acute Chronic)

Case Management Respiratory Therapy
Care Coordination Social Services

Cognitive Retraining Speech Language Pathology

Community Re-Entry Support Group

Diagnostic Services Swallowing Recovery Program Education Vestibular/Balance Program

Independent Living Skills Vision Therapy

Inpatient Rehab

## **Encompass Health Rehabilitation Hospital of Memphis**

1282 Union Ave. Memphis, TN 38104

https://encompasshealth.com/memphisrehab

**Phone:** (901) 722-2000 **Toll-Free:** (800) 363-7342

## **Program Description:**

The program offers comprehensive inpatient and outpatient rehabilitation to those affected by traumatic brain injury and non-traumatic brain injury.

**Admissions Criteria:** Inpatients must be able to participate in an acute rehabilitation hospital program

Ages Accepted: 13+ Number of people with brain injuries served per year: 130

#### **Accreditations:**

TJC

Medicare

## **Reimbursement Accepted:**

Private Insurance Medicaid / TennCare Medicare Worker's Comp

CHAMPUS Self-Pay

#### **Rehabilitation Programs:**

Acute Inpatient Rehabilitation – Adult

Adult Stroke Rehabilitation

Community Re-Entry

Outpatient Rehabilitation – Adult

Outpatient Rehabilitation – Pediatric

Outpatient Neurological Rehabilitation

Traumatic Brain Injury Program Post Rehabilitation Program

#### **Services Available:**

Academic Transitioning Inpatient Living Skills
Aquatic Therapy Inpatient Rehab
Assistance with Insurance Neurology
Assistive Technology Nursing

Behavior Modification Occupational Therapy
Brain Injury Services Coordination Physical Therapy

Case Management Rehab Nursing (Post-Acute Chronic)

Care CoordinationReligious SupportCognitive RetrainingRespiratory TherapyCommunity Re-EntrySocial Services

Community Outings Speech Language Pathology
Counseling Swallowing Recovery Program
Diagnostic Services Wheelchair Seating Clinic

Education

## First Steps, Inc.

1990 Graybar Lane Nashville, TN 37215

www.firststepsnashville.org

Point of Contact: Suzanna Satterfield, Therapy Program Coordinator

Email: satterfield@firststepsnashville.org

**Phone:** (615) 660-3091

#### **Program Description:**

First Steps is a non-profit organization, founded in 1957, that strives to nurture the whole person in an inclusive environment and see everyone as having the potential to succeed. First Steps works with children birth to 12 years of age. Services include a childcare center that provides inclusive services to children with special needs. First Steps also has an outreach program that serves children birth to three years in the community setting. First Steps has a 50-year history of providing individualized education, child development, and therapy to children in the Nashville community, including those who have been turned away from other programs due to severity of health issues, medical needs or limited resources.

#### **Admissions Criteria:**

Childcare Center: Birth to five years – children with special needs and typically developing children

Outreach Services: Birth to three years Therapy Services: Birth to 12 years

**Ages Accepted:** Birth – 12

Number of people with brain injuries served per year: 5

#### **Accreditations:**

Medicare

#### **Reimbursement Accepted:**

Private Insurance Medicaid / TennCare Self-Pay

#### **Rehabilitation Programs:**

Outpatient Rehabilitation – Pediatric

#### **Services Available:**

Aquatic Therapy Occupational Therapy
Aural Habilitation Physical Therapy

Diagnostic Services Speech Language Pathology

Feeding Therapy

## **Hosanna Community**

6410 Grubb Road Hixson, TN 37343

https://hosannacommunity.org/

#### **Point of Contact:**

Susan DiStefano, Executive Director Katie Walters, Assistant Director

**Phone:** (423) 870-6880

Email: hosannacommunity@comcast.net

## **Program Description:**

Hosanna is a community which fosters independence for adults with physical disabilities and traumatic brain injuries.

## **Admissions Criteria:**

Must be able to use the bathroom without assistance, self-feed, do laundry, and be medicine compliant

**Ages Accepted:** 21+

## **Reimbursement Accepted:**

Private Insurance Self-Pay SSI

#### **Services Available:**

Assistance with Insurance Job Coaching (On Contact)

Brain Injury Service Coordination Occupational Therapy (On Contact)

Case Management Organized Socialization

Community Re-Entry Physical Therapy (On Contact)

Community Outings Religious Support
Counseling Social Services
Housing Transportation

**Independent Living Skills** 

## Liberty Speech Pathology Center, LLC

505 West Hwy 70 Dandridge, TN 37725 http://www.libertyslp.com/

Point of Contact: Lana Kirk, M.A., M.S., CCC-SLP, Owner

Phone: (865) 397-2892 Email: office@libertyslp.com

## **Program Description:**

Liberty Speech Pathology Center, LLC was founded in the spring of 2021 to serve the needs of children and adults struggling with communication difficulties. The center provides outpatient speech, language, voice, and swallowing therapy clinical services to various groups of population, including children, adults and the elderly.

## **Admissions Criteria:**

Varies depending on assessment results

**Ages Served:** Birth and up

#### **Accreditations:**

Medicare

## **Reimbursement Accepted:**

Private Insurance SSI

Medicare Vocational Rehabilitation

Self-Pay Worker's Comp

**CHAMPUS** 

## **Rehabilitation Programs:**

Adult Stroke Rehabilitation Outpatient Rehabilitation — Pediatric Community Re-Entry Outpatient Neurological Rehabilitation — Outpatient Rehabilitation — Adult Traumatic Brain Injury Program

#### **Services Available:**

Cognitive Retraining Community Re-Entry Speech Language Pathology Swallowing Recovery Program

#### **NeuroRestorative Tennessee**

268 Governor Hall Road Castalian Springs, TN 37031 https://www.neurorestorative.com/

integration and integration an

Make a Referral or Request Information: (800) 743-6802

## **Program Description:**

Castalian Springs provides regional access to rehabilitation, transitional and supported living services for adults with brain injury throughout the southeast. Services are offered by staff and other professionals on-site or in the community. NeuroRestorative also coordinates or assists participants in accessing additional services from other health professionals and local service providers as necessary.

Admissions Criteria: Adult with brain injury

**Accreditations:** 

**CARF** 

## **Reimbursement Accepted:**

Private Insurance Worker's Comp

Self-Pay Developmentally Disabled Funds

Veteran's Benefits Vocational Rehabilitation

#### **Rehabilitation Programs:**

Community Re-Entry

Post Rehabilitation Program Traumatic Brain Injury Program

#### **Services Available:**

24-Hour Staff Support & Supervision Art Classes

Brain Injury Service Coordination Behavioral Analysis Consultation

Case Management Community Integration

Family Education & Training Fitness Equipment & Activities Health & Wellness Services Home Management Skills Training

Life Skills Training Meal Planning & Preparation
Medical Care Coordination Neuropsychological Consultation

Nursing Nutritional Education

Nutritionally Prepare Meals & Snacks Phone, Cable, Computer & Internet Access & Support

Prevocational Services Coordination Social & Recreational Activities

Therapy Services Coordination Transportation

Vocational Activities

## **Neuro Therapy Nashville**

246 Wilson Pike Circle, Suite D Brentwood, TN 37207

http://neurotherapynashville.com/

## **Program Description:**

Neuro Therapy Nashville is an outpatient rehab clinic that specializes in stroke and brain injury. We offer occupational therapy, speech therapy, vocational rehab counseling, vision rehab, massage, yoga and neurokinetic therapy. Neuro Therapy Nashville provides two online support groups that connect the local community of survivors, caregivers, and friends.

## **Reimbursement Accepted:**

**BCBS** 

## **Services Available:**

Physical Therapy
Occupational Therapy
Speech Therapy
Therapy Intensives
Yoga Classes
Neurokinetic Therapy
Massage
Caregiver Support
Vocational Rehabilitation Specialist
Support Group

## **Niswonger Children's Hospital (Ballad Health)**

400 N. State of Franklin Road Johnson City, TN 37604

https://www.balladhealth.org/hospitals/niswonger-childrens

**Phone:** (423) 431-6111

## **Program Description:**

Niswonger Pediatric Therapy Services Department is comprised of physical, occupational, and speech language pathologists. Therapists work with children to improve the quality of everyday life to promote a quicker recovery time. The team develops individualized therapy program which optimizes development and address rehabilitation needs for children with developmental delays, special needs or critical illness. The team approach and child-friendly environment help children teach age-appropriate and condition-appropriate goals.

**Ages Accepted:** Birth – 18

## **Accreditations:**

TJC

## **Reimbursement Accepted:**

Private Insurance Medicare Medicaid / TennCare Self-Pay

## **Rehabilitation Programs:**

Outpatient Rehabilitation - Pediatric

#### **Services Available:**

Neurology Occupational Therapy Physical Therapy Speech Language Pathology

## Patricia Neal Rehabilitation Center at Fort Sanders Regional Medical Center of Covenant Health

1901 Clinch Avenue Knoxville, TN 37916 www.patneal.org

**For More Information Contact:** Admissions **Phone:** (865) 331-1446

## **Program Description:**

Patricia Neal Rehabilitation Center offers comprehensive acute physical medicine and rehabilitation services in a 73-bed inpatient hospital program with on-site outpatient services using a physiatry-based medical model.

Admissions Criteria: Physician Referral Required

**Ages Accepted:** Inpatient: 12 – Adult / Outpatient: 12 – Adult

Number of people with brain injuries served per year: +120

**Accreditations:** 

TJC CARF – Brain Injury Specialty TJC Advance Care for Comprehensive Stroke

CARF – Stroke Specialty

**Reimbursement Accepted:** 

Private Insurance Self-Pay Vocational Rehabilitation

Medicare Medicaid / TennCare Veteran's Benefits Worker's Comp

**Rehabilitation Programs:** 

Acute Inpatient Rehabilitation – Adult Community Transition

Acute Inpatient Rehabilitation – Pediatric
Adult Stroke Rehabilitation

Brain Injury Specialty Program – Adult

Outpatient Rehabilitation – Adult
Outpatient Rehabilitation – Pediatrics
Outpatient Neurological Rehabilitation
Outpatient Orthopedic Rehabilitation

**Services Available:** 

ACBIS Staff Education Resources
Academic Transitioning Financial Planning

Assistance with Insurance Issues Home Accessibility Assessment
Assistive Technology Home Management Skills

Augmentative Communication Inpatient Rehab Services

Behavior Medicine Neuropsychological Evaluation

Bowel Bladder Management

BI Community Service Coordination
Case Management

Nursing – CRRN

Occupational Therapy
Oncology Rehabilitation

Cognitive Retraining Orthopedic & Amputation Rehab

Community Re-Entry
Counseling
Diagnostic Services
Outpatient Rehab
Pet Therapy
Physical Therapy

Diagnostic Services Physical Th Driving Evaluation/Education Physiatrists Respiratory Therapy Speech Language Pathology Spiritual Support Services Support Group Swallowing Recovery Program Vestibular/Balance Program Vision Therapy

Recreational Therapy

Rehab Nursing

Wheelchair Seating Clinic Wound Management Center Concussion Specialty Program

#### Pi Beta Phi Rehabilitation Institute

Vanderbilt Bill Wilkerson Center 1215 21<sup>st</sup> Ave. S. Suite 9211 Nashville, TN 37232

https://www.vanderbilthealth.com/program/pi-beta-phi-rehabilitation-institute

**Phone:** (615) 936-5040

#### **Program Description:**

The Pi Beta Phi Rehabilitation Institute at Vanderbilt Bill Wilkerson Center serves adults and children who have been diagnosed with central nervous system disorders, including brain injury and stroke. The goal of Phi Beta Phi is that each patient gains independence and an improved quality of life.

Ages Accepted: 3+

Number of people with brain injuries served per year: 150

#### **Accreditations:**

TJC

Medicare

#### **Reimbursement Accepted:**

Private Insurance Veteran's Benefits Medicare Worker's Comp

Medicaid / TennCare Vocational Rehabilitation

Self-Pay CHAMPUS

#### **Rehabilitation Programs:**

Outpatient Neurological Rehabilitation

Pediatric Outpatient Rehab

Traumatic Brain Injury Program

## Services Available:

Academic Transitioning Education

Assistance with Insurance Issues Independent Living Skills

Assistive Technology Lee Silverman Voice Treatment (LSVT)

Augmentative and Alternative Communication (AAC)

Case Management

Care Coordination

Cognitive Retraining

Occupational Therapy

Physical Therapy

School Liaison

Social Services

Community Re-Entry Speech Language Pathology
Counseling Vestibular/Balance Program

Driving Evaluation/Education Vision Therapy

Wheelchair Seating Clinic

#### **Quiet Oaks Adult Care Home**

3872 Brayton Mountain Road Graysville, TN 37338 http://www.quietoak.com/

Phone: (423) 775-7658 Email: quietoaks@comcast.net

## **Program Description:**

Quiet Oaks is fully licensed by the Tennessee Department of Health Care Facilities as an Adult Care Home Level 2 for ventilator dependent persons. The facility provides subacute care in a personal, homelike atmosphere for the ventilator dependent resident. Services include skilled nursing, respiratory care, care coordination with case workers, primary care, specialist, family assistance with ADLs and integration into the community.

Admissions Criteria: Nursing home-level of care and ventilator dependent

**Ages Accepted:** 13+

Number of people with brain injuries served each year: Five Rooms

## **Reimbursement Accepted:**

Private Insurance

Medicare

Medicaid / TennCare

Self-Pay

Veteran's Benefits

Worker's Comp

Developmentally Disabled Funds

SSI

**CHAMPUS** 

## **Services Available:**

Case Management

Care Coordination

Housing

Nursing

Respiratory Therapy

Transportation

Ventilator Support

## **Quillen Rehabilitation Hospital**

2511 Wesley Street Johnson City, TN 37601

https://www.encompasshealth.com/locations/quillenrehab

**Phone:** (423) 952-1700

## **Program Description:**

Quillen Rehabilitation Hospital is a joint venture of Ballad Health and Encompass Health. The facility is a fully accredited inpatient rehabilitation hospital and offers services to patients with health issues such as stroke, amputations, arthritis, brain injury, hip fractures, joint replacement, multiple trauma, neurological disorders, orthopedic injury/conditions and spinal cord injuries.

**Ages Accepted:** 13+

Number of people with brain injuries served per year: 90

#### **Accreditations:**

TJC

Reimbursement Accepted:

#### **Rehabilitation Programs:**

Adult Stroke Rehabilitation

Community Re-Entry

Traumatic Brain Injury Program

#### **Services Available:**

Assistance with Insurance Issues Occupational Therapy
Assistive Technology Physical Therapy

Case Management Rehab Nursing (Post-Acute Chronic)

Care Coordination Religious Support
Community Re-Entry Respiratory Therapy
Counseling Social Services

Diagnostic Services Speech Language Pathology

Education Support Group

Independent Living Skills Swallowing Recovery Program

Inpatient Rehab Transportation

Neuropsychological Evaluation Vestibular/Balance Program

Nursing

## **Regional One Health Rehabilitation Hospital**

890 Madison Avenue Memphis, TN 3103

https://www.regionalonehealth.org/rehabilitation-hospital/

**Point of Contact:** Rehabilitation Services

**Phone:** (901) 545-7100 or (901) 545-6060

## **Program Description:**

Regional One Health Rehabilitation Hospital is 23 all private bed, acute inpatient rehab program housed within Regional One Health Medical Center. Regional One Health offers a continuum of inpatient services and allows individuals to spend more time recovering from your injury or illness while receiving inpatient rehabilitation services.

#### **Admissions Criteria:**

Please contact for admissions criteria

Ages Accepted: 14+

#### **Accreditations:**

TJC CARF

## **Reimbursement Accepted:**

Auto Insurance Third Party Payers Self-Insured Employers

Private Payer HMO's Public Payers

#### **Rehabilitation Programs:**

Acute Inpatient Rehabilitation - Adult

Adult Stroke Rehabilitation

Community Re-Entry

Comprehensive Medical Rehabilitation – Adolescents

Outpatient Rehabilitation - Adult

#### Services Available:

Assistance with Insurance Issues
Assistive Technology
Behavior Modifications
Brain Injury Service Coordination
Case Management
Care Coordination
Cognitive Retraining
Cognitive Retraining
Inpatient Rehab
Nursing
Occupational Therapy
Organized Socialization
Physical Therapy
Recreation Therapy
Rehab Nursing (Post-Acute

Community Re-Entry Chronic)

Community Outings Religious Support

Independent Living Skills Swallowing Recovery Program

Spinal Cord Injury Rehabilitation Transitional Suite – ADL Training Traumatic Brain Injury Rehab Wheelchair Seating Clinic Wound Management Center Acute Inpatient Rehabilitation

## **Regional One Health**

877 Jefferson Avenue Memphis, TN 38103

https://www.regionalonehealth.org/

**Phone:** (901) 545-7100

## **Program Description:**

Regional One Health provides the mid-south with highly specialized acute care services and outpatient rehabilitation services.

**Ages Accepted:** Birth and up

Number of people with brain injuries served per year: 668+

**Accreditations:** 

TJC

## **Reimbursement Accepted:**

Private Insurance Veteran's Benefits
Medicare Worker's Comp
Medicaid / TennCare CHAMPUS
Self-Pay Tricare

## **Rehabilitation Programs:**

Adult Stroke Rehabilitation
Traumatic Brain Injury Program
Adult Orthopedic Rehabilitation
Adult Neuromuscular Rehabilitation

#### **Services Available:**

Audiology Pastoral Care
Assistance with Insurance Issues Physical Therapy
Brain Injury Service Coordination Respiratory Therapy
Case Management Social Services

Care Coordination Speech Language Pathology

Nursing Support Groups

Occupational Therapy

#### Sabin Behavioral Health

http://www.sabintn.com/

#### **Contact/Location Information:**

695 President Place Suite 202 Smyrna, TN 37167 Phone: (615) 269-4990 Fax: (615) 953-9862

Email: office@wardtoday.com

404 North Castle Heights Ave Suite F Lebanon, TN 37087 Phone: (615) 269-4990 Fax: (615) 953-9862

Email: office@wardtoday.com

## **Program Description:**

Sabin Behavioral Health offers counseling services, neuropsychological evaluations for ages 16 years and up and psychological evaluations for ages four and up. Services are provided for memory loss, recent change in functioning or ability, difficulty with focus or concentration, learning disabilities, autism spectrum disorders, ADHD, PTSD, intellectual impairment, depression, anxiety, substance use difficulties and health related distress. Sabin Health aims to be an integrative component to the broader health care community to bridge the gap between medical care and mental health care. Sabin Behavioral Health recognizes that mental health is a multi-faceted concern and they strive to be as thorough and compassionate as possible.

Ages Accepted: 4+

Number of people with brain injuries served per year: 50+

#### **Accreditations:**

Medicare

#### **Reimbursement Accepted:**

Private Insurance Developmentally Disabled Funds

Medicare Vocational Rehabilitation

Medicaid / TennCare SSI

Self-Pay CHAMPUS

Veteran's Benefits State / County Mental Health Funds

Worker's Comp

#### Services Available:

Assistance with Insurance Issues

Clinical Psychological Evaluation

Cognitive Retraining

Counseling

Diagnostic Services

Neuropsychological Evaluation

Psychological Evaluation

**Substance Abuse Prevention** 

## **Saint Thomas Outpatient Rehabilitation**

https://healthcare.ascension.org/Specialty-Care/Rehabilitation

#### **Contact/Location Information:**

Midtown Medical PlazaCool SpringsMurfreesboro2004 Hayes St. Ste. 545101 International Dr. Ste. 202203 B Memorial Blvd.Nashville, TN 37203Franklin, TN 37067Murfreesboro, TN 37129

## **Program Description:**

Locations are specific to the treatment of traumatic brain injuries. Patients can utilize, physical, occupational, and speech therapy all in one location with professionals who only treat neurological conditions.

Admissions Criteria: Doctor's Prescription. Must provide own transportation.

Ages Accepted: Birth and Above

**Accreditations:** 

TJC

**Reimbursement Accepted:** 

Private Insurance Self-Pay

Medicare Veteran's Benefits Medicaid / TennCare Worker's Comp

**Rehabilitation Programs:** 

Adult Stroke Rehabilitation Outpatient Neurological Rehabilitation

Outpatient Rehabilitation – Adult Traumatic Brain Injury Program

Outpatient Rehabilitation -- Pediatric

**Services Available:** 

Aquatic Therapy Speech Language Pathology

Cognitive Retraining Support Group

Community Outings Swallowing Recovery Program
Driving Evaluation/Education Vestibular/Balance Program

Independent Living Skills Vision Therapy

Occupational Therapy Physical Therapy Religious Support

## Scarab Behavioral Health Services, LLC

3202 Brick Church Pike Nashville, TN 37207 https://www.scarabhealth.com/

## Program Description:

Scarab Behavioral Health Services, LLC, provides customized behavioral health services to children and youth ages 2 through 18 in the Middle and East regions of Tennessee.

## **Admissions Criteria:**

Diagnosis of autism, TBI or other developmental delay; display of disruptive, aggressive and mal-adaptive behaviors; family involvement.

**Ages Accepted:** Birth - 22

Number of people with brain injury served each year: 10

## **Reimbursement Accepted:**

Private Insurance Medicaid / TennCare Self-Pay Developmentally Disabled Funds State/County Mental Health Funds

#### **Services Available:**

**Behavior Modification** 

## **Select Specialty Hospital – Memphis**

5959 Park Avenue, 12<sup>th</sup> Floor Memphis, TN 38119

https://memphis.selectspecialtyhospitals.com/

**Phone:** (901) 765-1245 **Fax:** (901) 765-1296

**Referral Phone:** (901) 765-1263 **Referral Fax:** (901) 765-1279

## **Program Description:**

Select Specialty Hospital provides comprehensive specialized care for high-acuity patients who need more time to recover due to the nature of their illness. Select Specialty Hospitals form a national network of more than 100 long-term acute care sites across the United States. The typical patient has survived critical care, is suffering from multiple injuries or significant medical complications. Many have continued weakness and significant, unique medical needs which warrant more intensive and focused medical care combined with aggressive therapy.

**Ages Accepted: 23+** 

Number of people with brain injuries served per year: 264

#### **Accreditations:**

TJC

Medicare

State Licensed

## **Reimbursement Accepted:**

Private Insurance Veteran's Benefits
Medicare Worker's Comp
Medicaid / TennCare CHAMPUS

#### **Rehabilitation Programs:**

Adult Stroke Rehabilitation Pulmonary Weaning Program
Traumatic Brain Injury Program Ventilator Weaning Program

#### Services Available:

Case ManagementOccupational TherapyCognitive RetrainingPhysical TherapyComa StimulationReligious SupportDiagnostic ServicesRespiratory Therapy

Education Speech Language Pathology
Independent Living Skills Swallowing Recovery Program

Neurology Ventilator Support

Renal, Cardiac Failure Wound Management Center
Medical Complexities Infectious Diseases, Post Trauma

## Select Specialty Hospital - Nashville

2000 Hayes Street, Suite 1502 Nashville, TN 37203

https://nashville.selectspecialtyhospitals.com/

**Phone:** (615) 284-4599 **Fax:** (615) 284-6722

**Referral Phone:** (615) 284-6708 **Referral Fax:** (615) 284-6732

## **Program Description:**

Select Specialty Hospital provides highly specialized care to promote recovery from the most critical and complex medical and surgical conditions including, but not limited to, cardiac/heart failure, infectious disease, medically complex treatment, neuro/post trauma, pulmonary/ventilator weaning, renal and wound care.

**Ages Accepted:** 21+

Numbers of people with brain injuries served per year: 146

#### **Accreditations:**

TJC

Medicare

State Licensed

## **Reimbursement Accepted:**

Private Insurance

Medicare

Self-Pay

Worker's Comp

**CHAMPUS** 

## **Rehabilitation Programs:**

Acute Inpatient Rehabilitation – Adult

## Services Available:

Case Management Physical Therapy
Care Coordination Respiratory Therapy
Coma Stimulation Social Services

Inpatient Rehab Speech Language Pathology

Job Coaching Ventilator Support

Nursing Wound Management Center

Occupational Therapy

## Siskin Hospital for Physical Rehabilitation

www.siskinrehab.org

Chattanooga (Inpatient and Outpatient)

One Siskin Plaza Chattanooga, TN 37403 P: (423) 634-1200 Cleveland (Outpatient) 3830 Keith St. NW Cleveland, TN 37312 P: (423) 339-1492 East Brainerd (Outpatient) 1309 Panorama Dr. Suite #103 Chattanooga, TN 37421 P: (423) 634-4260

## **Program Description:**

Siskin Hospital is a not-for-profit, free standing rehabilitation hospital that offers a full continuum of traumatic brain injury and follow-up services designed to best serve survivor's needs.

Admissions Criteria: Requirement vary by program

**Ages Accepted:** 13+

**Accreditations:** 

TJC CARF-BI CARF Medicare

**Reimbursement Accepted:** 

Private Insurance Self-Pay Vocational Rehabilitation

Medicare Worker's Comp CHAMPUS

Medicaid / TennCare

**Rehabilitation Programs:** 

Acute Inpatient Rehabilitation – Adult

Adult Stroke Rehabilitation

Community Re-Entry

Outpatient Neurological Rehabilitation

Psychosocial Adjustment Program

Traumatic Brain Injury Program

Outpatient Rehabilitation – Adult Vocational Program

Outpatient Rehabilitation – Pediatric

**Services Available:** 

Audiology Driving Evaluation/Education Religious Support
Aquatic Therapy Home/Structural Modification Respiratory Therapy

Assistance with Insurance Issues Independent Living Skills Social Services
Assistive Technology Inpatient Rehab Speech Language

Assistive Technology Inpatient Rehab Speech Language Pathology Behavior Modification Job Coaching Support Coaching

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Brain Injury Service Coordination Neuropsychological Evaluation Swallowing Recovery Program

Chronic)

Case Management Nursing Swanowing Recovery Flogram
Care Coordination Occupational Therapy
Cognitive Patraining Organized Socialization Vision Therapy

Cognitive Retraining Organized Socialization Vision Therapy
Community Re-Entry Peer Counseling Vocational Training

Community Outings Physical Therapy Vocational Evaluation/Assessment

Counseling Prevocational Training Wheelchair Seating Clinic
Diagnostic Services Rehab Nursing (Post-Acute Work Adjustment Training

## **TriStar Skyline Medical Center**

https://tristarhealth.com/

## **TriStar Skyline Medical Center**

3441 Dickerson Pike Nashville, TN 37207 P: (615) 769-2000

## **TriStar Skyline Madison Campus**

500 Hospital Drive Madison, TN 37115 P: (615) 769-5000

## **Program Description:**

Tristar Skyline Medical Center is an acute inpatient rehabilitation unit with 41 private rooms and interdisciplinary treatment areas and is the only CARF certified acute rehabilitation program in middle Tennessee.

Ages Accepted: 21+

#### **Accreditations:**

TJC CARF Medicare

## **Reimbursement Accepted:**

Private Insurance

Medicare

Self-Pay

Veteran's Benefits

Worker's Comp

## **Rehabilitation Programs:**

Acute Inpatient Rehabilitation – Adult

Adult Stroke Rehabilitation

Outpatient Rehabilitation – Adult

#### **Services Available:**

Assistance with Insurance Issues Neurology

Assistive Technology Neuropsychological Evaluation

Behavior Modification Nursing

Case Management Occupational Therapy
Care Coordination Physical Therapy

Cognitive Retraining Rehab Nursing (Post-Acute Chronic)

Counseling Speech Language Pathology
Diagnostic Services Substance Abuse Prevention

Education Support Group

Home/Structural Modifications Swallowing Recovery Program Independent Living Skills Vestibular/Balance Program

Inpatient Rehab

## **University of Tennessee Medical Center Knoxville**

1924 Alcoa Highway Knoxville, TN 37920

https://www.utmedicalcenter.org/

**Phone:** (865) 305-9741

## **Program Description:**

UTMCK Emergency and Trauma Services is the only Level 1 Trauma Center in the area for adults and children and serves as the tertiary referral center for medical care in East Tennessee, servicing Knox County and 21 surrounding counties.

**Admissions Criteria:** Trauma patients with blunt or penetrating injuries

**Ages Accepted:** Birth and up

Number of people with brain injuries served per year: 1,500

**Accreditations:** 

TJC

Medicare

**Reimbursement Accepted:** 

Private Insurance Veteran's Benefits CHAMPUS

Medicare Worker's Comp

Medicaid / TennCare Vocational Rehabilitation

Self-Pay SSI

## **Rehabilitation Programs:**

Adult Stroke Rehabilitation

Outpatient Rehabilitation - Adult

Outpatient Neurological Rehabilitation

#### **Services Available:**

Audiology Speech Language Pathology

Balance Center Support Group

Neurology Swallowing Recovery Program
Occupational Therapy Trauma Survivor Network Program

Physical Therapy Vestibular/Balance Program Respiratory Therapy Wound Management Center

#### Vanderbilt Stallworth Rehabilitation Hospital

2201 Children's Way Nashville, TN 37212

https://www.encompasshealth.com/locations/vanderbiltstallworth

#### **Program Description:**

Vanderbilt Stallworth Rehabilitation Hospital provides a multidisciplinary approach to improve overall mobility, function, cognition and independence after a TBI. The facility provides education and training to patients and caregivers in preparation for return to the community.

**Ages Accepted:** 13+

Number of people with brain injuries served per year: 120+

**Accreditations:** 

TJC

Medicare

**Reimbursement Accepted:** 

Private Insurance Self-Pay

Medicare Veteran's Benefits
Medicaid / TennCare Worker's Comp

CHAMPUS State / County Mental Health Funds

**Rehabilitation Program:** 

Acute Inpatient Rehabilitation – Adult Community Re-Entry

Adult Stroke Rehabilitation Traumatic Brain Injury Program

Services Available:

Academic Transitioning Inpatient Rehab Religious Support
Assistive Technology Music/Pet Therapy
Brain Injury Service Coordination Neurology Social Services

Case Management Neuropsychological Evaluation Speech Lar

Case Management Neuropsychological Evaluation Speech Language Pathology Nursing Support Courts

Care Coordination Nursing Support Group Cognitive Retraining Occupational Therapy

Community Re-Entry

Occupational Therapy

Swallowing Recovery Program

Occupational Therapy

Community Outings Peer Counseling Transportation

Counseling Physical Therapy Vestibular/Balance Program

Education Prevocational Training Vision Therapy
Independent Living Skills Rehab Nursing Wound Care

#### **Vanderbilt University Medical Center**

Nashville, TN

https://www.vumc.org/rehabilitationservices/

**Adult Outpatient Rehabilitation Scheduling: (615) 343-9284** 

**Pediatric Rehabilitation Scheduling:** (615) 343-6554

Stallworth Rehabilitation Scheduling: (615) 320-7600

Dayani Center Scheduling: (615) 322-4751

Pi Beta Phi Rehabilitation Institution: (615) 936-5040

**Cool Springs:** (615) 791-7257

#### **Program Description:**

Rehabilitation Services at Vanderbilt are provided in multiple inpatient and outpatient settings including the Vanderbilt University Medical Center, Vanderbilt Children's Hospital, Vanderbilt Orthopedic Institute, Vanderbilt Dayani Center, Vanderbilt Bill Wilkerson Center's Pi Beta Phi Rehab program, and Vanderbilt-Stallworth Rehabilitation Hospital. Professionals represented in the rehabilitation programs include Occupational Therapists, Occupational Therapy Assistants, Physical Therapy Assistants, Certified Athletic Trainers, Speech-Language Pathologists, Audiologists and Neuropsychologists.

Ages Accepted: Birth and up

#### **Accreditations:**

TJC

Medicare

#### **Reimbursement Accepted:**

Private Insurance Self-Pay CHAMPUS

Medicare Veteran's Benefits
Medicaid / TennCare Worker's Comp

#### **Rehabilitation Programs:**

Outpatient Rehabilitation – Adult Outpatient Rehabilitation – Pediatric

Outpatient Neurological Rehabilitation Acute Care Rehab Services – Adult and Pediatric

#### **Services Available:**

Audiology
Aquatic Therapy
Assistive Technology
Behavior Modification
Brain Injury Service Coordination

Driving Evaluation/Education
Independent Living Skills
Neurology
Neurology
Neuropsychological Evaluation
Occupational Therapy
Wheelchair Seating Clinic

Case Management Physical Therapy
Cognitive Retraining Respiratory Therapy
Diagnostic Services Social Services

#### West Tennessee Healthcare Rehabilitation Hospital Cane Creek

180 Mount Pelia Road Marin, TN 38237

https://www.encompasshealth.com/locations/canecreekrehab

**Phone:** (731) 261-1200 **Fax:** (731) 261-1591

**Referral Fax:** (866) 324-9831

#### **Program Description:**

West Tennessee Healthcare Rehabilitation Hospital Cane Creek a Partnership with Encompass Health, is committed to helping regain independence after a life-changing illness or injury. This facility is a leading provider of inpatient rehabilitation for stroke, hip fracture and other complex neurological and orthopedic conditions.

#### **Admissions Criteria:**

Acute Inpatient Rehabilitation

Ages Accepted: 14+

Number of people with brain injuries served per year: 30

#### **Accreditations:**

TJC

#### **Reimbursement Accepted:**

Private Insurance Traumatic Brain Injury Program

Medicare Worker's Comp

Medicaid / TennCare Vocational Rehabilitation

Self-Pay CHAMPUS

#### **Rehabilitation Programs:**

Acute Inpatient Rehabilitation – Adult

Adult Stroke Rehabilitation

Community Re-Entry

Traumatic Brain Injury Program

#### **Services Available:**

Assistance with Insurance Issues Occupational Therapy
Assistive Technology Physical Therapy

Case Management Rehab Nursing (Post-Acute Chronic)

Cognitive Retraining Respiratory Therapy
Community Re-Entry Social Services

Dietary and Nutrition Counseling Speech Language Therapy

Home and Structural Modifications

Support Group

Independent Living Skills Vestibular/Balance Program

Nursing Vision Therapy

#### West Tennessee HealthCare Rehabilitation Hospital Jackson

616 West Forest Avenue Jackson, TN 38301

https://www.encompasshealth.com/locations/jacksonrehab

**Phone:** (731) 574-3000 **Fax:** (731) 574-3395

#### **Program Description:**

West Tennessee Healthcare Rehabilitation Hospital Jackson is a licensed, 48-bed, TJC accredited, freestanding inpatient rehabilitation hospital located adjacent to Jackson-Madison County General Hospital.

Admissions Criteria: Patient must meet the inpatient rehab criteria

**Ages Accepted:** 13+

Number of people with brain injuries served per year: 48

**Accreditations:** 

TJC

**Reimbursement Accepted:** 

Private Insurance Veteran's Benefits **CHAMPUS** 

Medicare Worker's Comp

Medicaid / TennCare Vocational Rehabilitation

SSI Self-Pay

**Rehabilitation Programs:** 

Acute Inpatient Rehabilitation - Adult Day Treatment

Adult Stroke Rehabilitation Traumatic Brain Injury Program

Services Available:

Driving Evaluation/Education Physical Therapy Adult Education

Education Audiology **Recreation Therapy** 

Assistance with Insurance Issues Financial Planning Rehab Nursing (Post-Acute Chronic) Assistive Technology Home/Structural Assessments

Religious Support **Behavior Modification Independent Living Skills** Respiratory Therapy Inpatient Rehab

Case Management **Social Services** Care Coordination Neurology

Speech Language Pathology Neuropsychological Evaluation Cognitive Retraining

Transportation Community Re0Entry Nursing

Vestibular/Balance Program Counseling Occupational Therapy Diagnostic Services Organized Socialization

# FACILITIES AND SERVICES OUT OF STATE

#### **Cardinal Hill Rehabilitation Hospital**

2050 Versailles Road Lexington, KY 40504

https://www.encompasshealth.com/locations/cardinalhillrehab

**Phone:** (859) 254-5701

#### **Program Description:**

Cardinal Hill Rehabilitation Hospital is a 232-bed rehabilitation hospital that provides a high level of comprehensive rehabilitation services, designed to return patients to leading active, independent lives.

Ages Accepted: Birth and up

Number of people with brain injuries served per year: 280-300

**Accreditations:** 

CARF Medicare
CARF-BI TJC

**Reimbursement Accepted:** 

Private Insurance Veteran's Benefits Vocational Rehabilitations

Medicare Worker's Comp SSI

Medicaid / TennCare Developmentally Disabled Funds CHAMPUS

Self-Pay

**Rehabilitation Programs:** 

Acute Inpatient Rehabilitation – Adult Outpatient Rehabilitation – Pediatric Outpatient Neurological Rehabilitation

Adult Stroke Rehabilitation Post Rehabilitation Program

Community Re-Entry Psychological Adjustment Program
Day Treatment Psychosocial Adjustment Program
Outpatient Rehabilitation – Adult Traumatic Brain Injury Program

#### **Services Available:**

Academic Transitioning
Aquatic Therapy
Assistance with Insurance Issues

Diagnostic Services
Driving Evaluation/Education
Education
Education

Religious Support
Respiratory Therapy
School Liaison

Assistive Technology Independent Living Skills Social Services

Behavior Modification Inpatient Rehab Speech Language Pathology

Brain Injury Service Coordination Neuropsychological Evaluation Support Group

Case Management Nursing Support Group

Care Coordination
Cognitive Retraining
Occupational Therapy
Peer Counseling
Swallowing Recovery Program
Vestibular/Balance Program

Coma Stimulation Physical Therapy Vision Therapy

Community Re-Entry Recreation Therapy Vocational Evaluation/Assessment

Community Outings Rehab Nursing (Post-Acute Wheelchair Basketball Counseling Chronic) Wheelchair Seating Clinic

# Mission Health CarePartners Rehabilitation Hospital

68 Sweeten Creek Rd Asheville, NC 28803

https://missionhealth.org/services-treatments/rehabilitation/rehab-hospital/

**Phone:** (828) 277-4800

#### **Program Description:**

CarePartners is a comprehensive inpatient rehabilitation program that provides individualized treatment, including physical, occupational and speech therapies, psychology, rehabilitation nursing and case management. Medical care is provided by MDs specialized in rehabilitation medicine.

**Admissions Criteria:** Medically stable, discharge plan, able to participate in therapy

**Ages Accepted:** 13+

Number of people with brain injuries served per year: 140

**Accreditations:** 

CARF Medicare CARF-BI DNV

#### **Reimbursement Accepted:**

Private Insurance Worker's Comp

Medicare Vocational Rehabilitation

Self-Pay SSI

Veteran's Benefits CHAMPUS

#### **Rehabilitation Programs:**

Acute Inpatient Rehabilitation – Adult Outpatient Neurological Rehabilitation
Adult Stroke Rehabilitation Traumatic Brain Injury Program

Outpatient Rehabilitation - Adult

#### **Services Available:**

Aquatic Therapy Nursing

Assistance with Insurance Issues Occupational Therapy
Case Management Physical Therapy

Care Coordination Rehab Nursing (Post-Acute Chronic)

Coma Stimulation Religious Support
Counseling Respiratory Therapy
Driving Evaluation/Education School Liaison

Home/Structural Modification Speech Language Pathology

Inpatient Rehab Support Group

Neuropsychological Evaluation Vestibular/Balance Program

Wheelchair Seating Clinic

#### Children's Healthcare of Atlanta

Atlanta, Georgia https://www.choa.org/rehab

**Phone:** (404) 545-5350

#### **Program Description:**

Children's Healthcare of Atlanta Inpatient Rehabilitation Program offers therapy to pediatric patients ages birth to 21 after a traumatic and life-changing injury or illness. The team can evaluate patients on-site to assess the medical appropriateness for the CARF accredited program.

#### **Admissions Criteria:**

Able to tolerate a minimum of three hours of therapy per day and have an appropriate discharge plan

Ages Accepted: Birth -21 Number of people with brain injuries served per year: 221

**Accreditations:** 

TJC CARF-BI

CARF Pediatric Specialty Care

**Reimbursement Accepted:** 

Private Insurance Worker's Comp

Medicaid / TennCare SSI

Self-Pay Georgia Medicaid

**Rehabilitation Programs:** 

Acute Inpatient Rehabilitation – Pediatric

Community Re-Entry

Outpatient Rehabilitation -- Pediatric

Traumatic Brain Injury Program

Day Treatment

#### **Services Available:**

Academic Transitioning Education Respiration Audiology Home Modification School

Aquatic Therapy Housing

Assistance with Insurance Issues Independent Living Skills

Assistive Technology Inpatient Rehab Behavior Modification Neurology

Brain Injury Service Coordination Neuropsychological Evaluation

Case Management Nursing

Care Coordination Occupational Therapy
Cognitive Retraining Organized Socialization

Coma Stimulation Peer Counseling
Community Re-Entry Pet Therapy
Community Outings Physical Therapy
Diagnostic Services Recreation Therapy
Driving Evaluation/Education Religious Support

Respiratory Therapy School Liaison Social Services

Speech Language Pathology

Support Group Ventilator Support

Vestibular/Balance Program Wheelchair Seating Clinic

#### **Methodist Rehabilitation Center**

1350 East Woodrow Wilson Ave. Jackson, MS 39216

https://www.methodistonline.org/

**Phone:** (601) 981-2611 or (800) 223-6672

#### **Program Description:**

Through proven expertise, patient focused research and comprehensive inpatient and outpatient services, Methodist Rehabilitation restores ability to those left disabled by brain and spinal cord injuries, stroke, amputations and other conditions.

**Ages Accepted:** 13+

Number of people with brain injuries served per year: 100

**Accreditation:** 

TJC CARF-BI CARF Medicare

**Reimbursement Accepted:** 

Private Insurance Veteran's Benefits CHAMPUS

Medicare Worker's Comp Financial Aid for MS Residents

Medicaid / TennCare Vocational Rehabilitation

Self-Pay SSI

**Rehabilitation Programs:** 

Acute Inpatient Rehabilitation – Adult

Acute Inpatient Rehabilitation – Pediatric

Adult Stroke Rehabilitation

Outpatient Rehabilitation – Pediatric

Outpatient Neurological Rehabilitation

Community Re-Entry Post Rehabilitation Program
Day Treatment Traumatic Brain Injury Program

#### **Services Available:**

Driving Evaluation/Education

Academic Transitioning Education Social Services

Adult Education Independent Living Skills Speech Language Pathology
Aquatic Therapy Inpatient Rehab Support Group

Assistance with Insurance Issues Job Coaching Ventilator Support

Assistive Technology

Neuropsychological Evaluation

Vestibular/Balance Program

Behavior Modification Nursing Vision Therapy

Case Management Occupational Therapy
Care Coordination Organized Socialization
Cognitive Retraining Physical Therapy

Physical Therapy

Work Adjustment Training

Community Re-Training Recreation Therapy Work Adjustment Training Community Re-Entry Religious Support

Community Outings Respiratory Therapy
Diagnostic Services School Liaison

#### NeuroRehabilitation Institute at Brookhaven Hospital

201 S Garnett Road Tulsa, Oklahoma 74128 https://traumaticbraininjury.net/

**Phone:** (918) 438-4257

#### **Program Description:**

Brookhaven specialized in treating adults living with brain injury who have developed behavioral, psychiatrics, and/or substance abuse issues that have become unmanageable in the environment they live in. This highly individualized treatment program is tailored to each individual with the goal of restoring the highest level of independence possible.

**Ages Accepted:** 18+

Number of people with brain injuries served per year: 80

**Admission Criteria:** 

TBI/ABI Psychiatric/substance use diagnosis

Disruptive, aggressive, unsafe behaviors

Treatment not effective

Unmanageable in their environment

Neurobehavioral, motor cognitive deficits

Legal Issues

**Accreditations:** 

CARF-BI JCAHO

Medicare Oklahoma State Department of Health – Licensed Acute Inpatient Psychiatric Facility

**Reimbursement Accepted:** 

Private Insurance Medicaid / Tenncare Workers' Comp

Medicare Self-Pay

**Rehabilitation Programs:** 

Post-Rehabilitation Program – Inpatient Neurocognitive Rehabilitation

Psychosocial Adjustment Program Traumatic Brain Injury Program

Transitional Living Homes - Oklahoma and Iowa

**Services Available:** 

Behavior Modification Independent Living Skills Recreation Therapy

Brain Injury Service Coordination Inpatient Rehab Rehab Nursing (Post-Acute)

Case Management Neuropsychological Evaluation Religious Support
Care Coordination Nursing Residential Program
Converting of Theorems Social Services

Cognitive RetrainingOccupational TherapySocial ServicesCommunity Re-EntryOrganization SocializationSpeech Language PathologyCommunity OutingsPhysical TherapySubstance Abuse Prevention

Counseling Pre-Vocational Training

#### NeuroRestorative

Carbondale, IL / Chicago, IL / Paducah, KY https://www.neurorestorative.com/

**Phone:** (615) 529-3060

#### **Program Description:**

NeuroRestorative's program offer a continuum of community-based programming for adults, children and adolescents with brain injuries and other neurological challenges. Accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF), each location provides an array of services based on the needs and goals of the program participant.

#### **Admissions Criteria:**

Diagnosis of an acquired brain injury, neurologic disorder or neuropsychiatric condition. Potential to benefit from services. Medically stable in accordance with NR Medicaid policies.

**Ages Accepted:** Birth and up

Number of people with brain injuries served per year: 150+

#### **Accreditations:**

**CARF-BI** 

#### **Reimbursement Accepted:**

Private Insurance Veteran's Benefits Medicaid / TennCare Worker's Comp

Self-Pay Vocational Rehabilitation

#### **Rehabilitation Programs:**

Adult Stroke RehabilitationOutpatient Rehabilitation – AdultCommunity Re-EntryOutpatient Rehabilitation – PediatricDay TreatmentOutpatient Neurological Rehabilitation

Traumatic Brain Injury Program Post Rehabilitation Program

#### **Services Available:**

Academic Transitioning Counseling Social Services

Aquatic Therapy Driving Evaluation/Education Speech Language Pathology
Assistance with Insurance Issues GED Training Substance Abuse Prevention

Assistive Technology Independent Living Skills Support Group
Behavior Modification Job Coaching Transportation
Brain Injury Service Coordination Neuropsychological Evaluation Vision Therapy
Case Management Occupational Therapy Vocational Training

Care Coordination Physical Therapy
Cognitive Retraining Prevocational Training
Community Re-Entry Recreation Therapy
Community Outings Residential Program

#### Pathways Brain Injury Program at Louisville East

Louisville, KY

https://providencelouisville.com/pathways-brain-injury-program/

**Phone:** (502) 459-8900

#### **Program Description:**

Pathways is a 28-bed skilled nursing specialty brain injury and stroke unit, accredited by the Commission for Accreditation of Rehabilitation Facilities. This is a secure unit providing three hours of therapy five days a week under the direction of a physiatrist.

**Ages Accepted:** 18+

Number of people with brain injuries served per year: 50

#### **Accreditations:**

**CARF-BI** 

Medicare

Specialty Contract with TN/KY Medicaid

#### **Reimbursement Accepted:**

Private Insurance

Medicaid

Self-Pay

Kentucky Medicaid

#### **Rehabilitation Programs:**

Adult Stroke Rehabilitation

Traumatic Brain Injury Program

#### **Services Available:**

Assistance with Insurance Issues Physical Therapy

Behavior Modification Recreation Therapy

Cognitive Retraining Rehab Nursing (Post-Acute Chronic)

Community Re-Entry Social Services

Inpatient Rehab Speech Language Pathology

Neuropsychological Evaluation Swallowing Recovery Program

Nursing

Occupational Therapy

#### **Restore Neurobehavioral Center**

Rosewell, GA (Rehab and Supported Living)
Liburn, GA (Supported Living)
Ragland, AL (Supported Living)

Phone: (770) 563-8224 Email: referral@restorehealthgroup.com

#### **Program Description:**

Restore Neurobehavioral Center is a post-acute healthcare organization serving adults with acquired brain injury who are challenged by behavioral issues. The continuum of care ranges from intensive inpatient neurorehabilitation, transitional community re-entry, day and outpatient programs as a step-down from the residential rehabilitation programs, to long-term supported living services.

#### **Admissions Criteria:**

Diagnosis of traumatic or acquired brain injury. Must demonstrate maladaptive behaviors as a result of the injury and have a discharge plan. Admission to supported living requires evaluation and treatment through the post-acute residential rehabilitation program.

Ages Accepted: 18-65

Number of people with brain injuries served per year: 40

#### **Accreditations:**

**CARF** 

State of Georgia

#### **Reimbursement Accepted:**

Private Insurance Worker's Comp Self-Pay Veteran's Benefit

#### **Rehabilitation Programs:**

Acute Inpatient Rehabilitation – Adult Outpatient Rehab – Adult

Adult Stroke Rehabilitation Psychosocial Adjustment Program Community Re-Entry Traumatic Brain Injury Program

Day Treatment

#### **Services Available:**

Assistive Technology Housing Residential Program
Assistance with Insurance Issues Neuropsych Evaluation Social Services

Behavior Modification Nursing Speech Language Pathology

Brain Injury Service Coordination Occupational Therapy Support Group

Case Management Organized Socialization Swallowing Recovery Program

Care Coordination Physical Therapy Transportation
Cognitive Retraining Prevocational Training Vocational Training

Community Re-Entry Recreation Therapy
Community Outings Rehab Nursing
Counseling Religious Support

#### Safehaven Traumatic Brain Injury Facility

9558 N Highway 27 Rock Springs, GA 30739 https://www.safehavenjsf.org/

**Phone:** (706) 4358-8662

#### **Program Description:**

Safehaven is a 12-bed long-term care facility for individuals with severe brain injury. Safehaven provides an individualized plan of care for each resident that includes 24-hour care. Staff is maintained at a two-to-one caregiver ratio.

#### **Admissions Criteria:**

Individuals must be 18 years of age with a traumatic brain injury diagnosis and be non-ambulatory for admission to the Safehaven Program.

Ages Accepted: 18+

Number of people with brain injuries per year: 12

#### **Reimbursement Accepted:**

Self-Pay Worker's Comp

#### **Rehabilitation Programs:**

Traumatic Brain Injury Program

#### **Services Available:**

Assistance with Insurance Issues
Behavior Modification
Brain Injury Service Coordination
Case Management
Care Coordination
Nursing
Residential Program
Support Group

#### **Shepherd Center**

Atlanta, GA

https://www.shepherd.org/

**Phone:** (404) 350-7345 or (800) 743-7437

#### **Program Description:**

Shepherd Center has a full continuum of services to treat people who have experienced traumatic and non-traumatic brain injury, including stroke. Programs treat specific conditions for disorders of consciousness and specific age groups such as adolescents. Shepherd has an ICU that specializes in complex brain injury that addresses secondary complications.

Admissions Criteria: Have a diagnosis of TBI, non-traumatic brain injury or stroke. Age 12 or over to age 65. Have discharge plan.

Number of people with brain injuries served per year: 400

**Accreditation:** 

**CARF-BI CARF** TJC

**Reimbursement Accepted:** 

Private Insurance Veteran's Benefits Vocational Rehabilitation Self-Pay

Medicare/Medicaid Worker's Comp CHAMPUS / TRI CARE

**Rehabilitation Programs:** 

Acute Inpatient Rehab – Adult Day Treatment Post Rehabilitation Program

Adult Stroke Rehabilitation Outpatient Rehabilitation – Adult TBI Program

**Beyond Therapy** Outpatient Rehab – Pediatric (12+) **Vocational Program** 

Community Re-Entry Outpatient Neurological Rehabilitation

**Services Available:** 

Academic Transitioning Driving Evaluation/Education Respiratory Therapy Adult Education Education School Liaison

Audiology Financial Planning Social Services Aquatic Therapy **GED** Training

Speech Language Pathology Assistive Technology Independent Living Skills

Summer Camp Assistance with Insurance Issues Inpatient Rehab

**Swallowing Recovery Program** Job Coaching **Behavior Modification Transportation** 

Neuropsych Evaluation BI Service Coordination Ventilator Support Case Management Occupational Therapy Vestibular/Balance Program Organized Socialization Care Coordination

Vision Therapy Cognitive Retraining Peer Counseling **Vocational Training** Community Re-Entry Physical Therapy

**Community Outings Prevocational Training** Vocational Evaluation/Assessment Counseling **Recreation Therapy** Wheelchair Basketball

Diagnostic Services Religious Support Wheelchair Seating Clinic Disorders of Consciousness Residential Program Wound Management Center

#### **Southern Kentucky Rehabilitation Hospital**

1300 Campbell Lane Bowling Green, KY 42104

https://www.vibrahealthcare.com/southern-kentucky/

**Phone:** (270) 594-5980

#### **Program Description:**

Southern Kentucky Rehabilitation Hospital is south central Kentucky's only inpatient rehabilitation hospital that provides comprehensive inpatient and outpatient rehabilitation for strokes, brain injuries, spinal cord injuries and other physical rehabilitation needs.

#### **Admissions Criteria:**

Patient needs physical rehabilitation along with nursing and physician care

**Ages Accepted:** 13+

**Accreditations:** 

TJC Medicare CARF CARF-BI

#### **Reimbursement Accepted:**

Private Insurance Veteran's Benefits Vocational Rehabilitation

Medicare / Medicaid Worker's Comp SSI

Self-Pay Developmentally Disabled Funds CHAMPUS

State / County Mental Health Funds

#### **Rehabilitation Programs:**

Acute Inpatient Rehabilitation – Adult Outpatient Neurological Rehabilitation

Adult Stroke Rehabilitation Post Rehabilitation Program
Community Re-Entry Traumatic Brain Injury Program

Outpatient Rehabilitation - Adult

#### **Services Available:**

Aquatic Therapy Nursing

Assistive Technology Occupational Therapy Brain Injury Service Coordination Physical Therapy

Case Management Rehab Nursing (Post-Acute Chronic)

Cognitive Retraining Respiratory Therapy

Community Re-Entry Speech Language Pathology

Diagnostic Services Support Group

Education Swallowing Recovery Program
Independent Living Skills Vestibular/Balance Program
Inpatient Rehab Wheelchair Seating Clinic
Wound Management Center

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# APPENDIX

# **FACILITIES FORM**



# **Tennessee Traumatic Brain Injury Program Services Directory and Resource Information Guide**

## **Facility Form**

Information in this directory assists persons with brain injury, families, caregivers, and related professionals to identify and locate appropriate programs and services. Please use the form below to submit updates or to add your facility information to the *Tennessee Traumatic Brain Injury Services Directory and Resource Information Guide*.

Questions? Call Ashley Bridgman, Traumatic Brain Injury Program Director at (800) 882-0611 or (615) 741-1230.

Please submit this form to Ashley Bridgman at Ashley.N.Bridgman@tn.gov

Note: Please provide information for only ONE facility per form. Be sure to answer all required information in Sections 1 - 2.

Section 1. Information on person completing this form (not for use in Directory)			
<b>Date Completed</b>			
Name (First/Last)		Title	
Street Address		Street Address Line 2	
City		State	Zip Code
Phone Number	Email Addres	20	
1 Hone raniber	Lilian Addres	55	
Please provide any addition information (100 character count max):			

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Section 2. Information for inclusion in	the Directory	
<b>Facility Name</b>		
Street Address	Street Address Line 2	
City	State	Zip Code
Phone Number	Email Address	
Website		
<b>Program Description: (350 character co</b>	ount max):	
Ages Accepted:	Number of people with brain injuries served per year?	
Admission Criteria (200 character count max):		

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#### **Accreditations**

**JCAHO** 

**CARF** 

**CARF-BI** 

**CORF** 

Medicare

None

Other (specify):

### Reimbursement Accepted (check all that apply)

**Private Insurance** 

Medicare

Medicaid / TennCare

Self-Pay

Veteran's Benefits

**Developmentally Disabled Funds** 

**Vocational Rehabilitation** 

SSI

**CHAMPUS** 

State/County Mental Health Funds

Other (specify):

# Rehabilitation Programs (check all that apply)

Acute Inpatient Rehabilitation (Adult)

Acute Inpatient Rehabilitation (Pediatric)

Adult Stroke Rehabilitation

Community Re-Entry

**Day Treatment** 

Outpatient Rehabilitation (Adult)

Outpatient Rehabilitation (Pediatric)

Outpatient Neurological Rehabilitation

Post-Rehabilitation Program

Psychosocial Adjustment Program

Traumatic Brain Injury Program

Vocational Program

Other

Services Available (check all that apply)

Services Available (check all that apply)

Academic Transitioning Occupational Therapy
Adult Education Organized Socialization

Audiology Peer Counseling
Aquatic Therapy Physical Therapy

Assistance with Insurance Issues Pre-Vocational Training

Assistive Technology Recreation Therapy

Behavior Modification Rehab Nursing (Post-Acute Chronic)

Brain Injury Service Coordination Religious Support
Case Management Residential Program
Care Coordination Respiratory Therapy

Cognitive Retraining School Liaison
Coma Stimulation Social Services

Community Re-Entry Speech Language Pathology
Community Outings Substance Abuse Prevention

Counseling Summer Camp
Diagnostic Services Support Group

Driving Evaluation / Education Swallowing Recovery Program

Education Transportation

Financial Planning Ventilator Support

GED Training Vestibular / Balance Program

Home / Structural Modifications Vision Therapy

Housing Vocational Training

Independent Living Skills Vocational Evaluation / Assessment

Inpatient Rehab Wheelchair Basketball

Job Coaching Wheelchair Seating Clinic

Neurology Work Adjustment Training

Neuropsychological Evaluation Wound Management Center

Nursing Other

Please add any additional information that the facility would like to share within the directory (250 character count max):

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# Thank you! For more information or questions please contact: Ashley Bridgman, TBI Program Director P: (615) 741-1230

Toll-Free: (800) 882-0611 E: Ashley.N.Bridgman@tn.gov

Please submit completed form at Ashley.N.Bridgman@tn.gov

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# **AGENCY/ORGANIZATION FORM**



# **Tennessee Traumatic Brain Injury Program**Services Directory and Resource Information Guide

## **Agency/Organization Form**

Information in this directory assists persons with brain injury, families, caregivers, and related professionals to identify and locate appropriate programs and services. Please use the form below to submit updates or to add your agency or organization information to the *Tennessee Traumatic Brain Injury Services Directory and Resource Information Guide*.

Questions? Call Ashley Bridgman, Traumatic Brain Injury Program Director at (800) 882-0611 or (615) 741-1230.

Please submit this form to Ashley Bridgman at Ashley.N.Bridgman@tn.gov

Section 1. Agency/Organization Point of Contact (r	not for use in Directory)	
Contact Name (First/Last)	Title	
Street Address	Street Address Line 2	
City	State	Zip Code
Phone Number	Email Address	
Section 2. Agency/Organization Information Agency/Organization Name		
Agency/Organization Website		

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Street Address	Street Address Line 2	
City	State	Zip Code
Agency/Organization Phone Number	Toll-Free Number	
TTY Number	TTD Number	
Email		
Please add any additional information that your agency/organization would like to share within the directory (500 character count max):		
Thank you! For more information or questions please contact:		

**Agency/Organization Description (300 character count max)** 

Thank you! For more information or questions please contact
Ashley Bridgman, TBI Program Director
P: (615) 741-1230
Toll-Free: (800) 882-0611
E: Ashley.N.Bridgman@tn.gov

Please submit completed form to Ashley.N.Bridgman@tn.gov

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